Hello everyone,

Today is World Heart Day, and heart health has never been more important to raise awareness about CVD.

Most people know at least one person, whether a friend, family member or acquaintance, who has experienced a cardiovascular health problem. Cardiovascular disease (CVD) is a global issue causing a loss of 18.6 million lives each year. CVD refers to the disease of the heart, blood vessels, or vascular disease of the brain; this includes heart attacks and strokes. CVD can be genetic, but certain risk factors can be controlled to help prevent us from suffering from CVD.

We all can set a positive example for ourselves today and our future. Celebrating World Heart Day helps people struggling with cardiovascular health find the care they need, and it educates the community about how to best control risk factors. Many national and community events highlight this cause. From local walks to healthy eating seminars, there’s so much to find if you’re hoping to take part in next year’s World Heart Day. Some of the activities we can engage in locally include:

- Promise to cook healthy foods for the entire family
- Remember to exercise regularly and to stay active
- A push for policy that promotes healthy hearts
- The spread of information about ways to reduce the risk of heart problems
- A reminder that heart health also starts in the workplace
The number of Santa Clara County Residents who are fully vaccinated is increasing, with 84% fully vaccinated and 74% of youth 12 -17 years old. Drop-in sites are set up across the County. To locate a site near you, visit the County’s COVID information website. Appointments can also be scheduled.

Be well,

Mary Ann Dewan, Ph.D.
County Superintendent of Schools

Community News and Resources

World Heart Day Video link
MyShake delivers ShakeAlert™ across California and Oregon:
Earthquake alerts provided in partnership with USGS ShakeAlert™ and CalOES

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To Register: https://bit.ly/3f7JBXE
Informational Flyer: https://scco.to/SpEdEPP
Every Child Matters Coloring Pages
Coloring helps to relieve stress, fosters mindfulness, and promotes active listening. Engage children, friends, and community while showing support for The National Day for Truth and Reconciliation coming up on September 30 (formerly Orange Shirt Day - Canada).

The public is invited to join the Registrar of Voters’ upcoming Election Administration Plan (EAP) meetings on services available at Vote Centers and Ballot Drop-off Locations.

October 21, 2021 EAP Public Meeting
Time: 12:00 p.m.
10/21 Zoom link

October 23, 2021 EAP Public Meeting
Time: 11:00 a.m.
10/23 Zoom link
Explore Marital Cottle Park

Come explore our agricultural legacy

Saturday, Oct. 2, 10am to 3pm

• UCCE
  Master Gardeners Open House
  Master Composters Q&A
  Worm Sort
  Meet Farm Animals Up-close
  Hands-on 4-H STEM Activities

• City of San Jose
  Community Garden Info & Tours

• Our City Forest
  Tree Arts & Crafts
  Ask-An-Arborist
  Trees & Honey Market
  Photos with Tree-nya

• Jacobs Farm
  Fresh Organic Produce
  Pumpkin Patch

Plus

• Informational Booths
• Antique Farm Equipment
• Vintage Autos
• Kids Activities
• Arts & Crafts
• Food Trucks

Free Admission!
(Limited $6 Parking)
Bike or take public transit
Please bring water

Current County COVID protocols are in effect
Visit parkhere.org for more information

Marital Cottle Park Event
In an Emergency...
Do You Know When to Evacuate?

Santa Clara County Fire Webinar

**District News and Resources**

**Tobacco/Vapes Awareness PSA Contest**

* Middle and High School youth in Santa Clara County *

This year's theme is "The Potential Impact of Tobacco/Vapes in a COVID World".
People who vape or use cigarettes are up to 7X more likely to get COVID-19. When someone quits smoking or vaping their lungs and immune system become healthier. Tobacco and Vaping companies have targeted youth with the false promises of getting rid of their stress and problems in a COVID world. COVID and tobacco / vape use could have a potential negative impact on youth today. What are some healthy coping mechanisms that youth can do to help combat behavioral or mental health challenges?

Deadline : Sunday, November 28 at 11:59 p.m.

Join a cohort of peers to deepen your practice and pedagogy of culturally responsive teaching and learning through the arts.

Dates:

- November 15, 2021
- January 24, 2022
- March 21, 2022
- May 23, 2022
- Restorative Practice in the Arts Retreat
- June 13, 2022 (Day 1) 10:00 am - 3:00 pm
- June 14, 2022 (Day 2) 10:00 am - 3:00 pm

CLICK HERE for 2021-2022 Arts Equity Community of Practice Flyer

To Register: https://na.eventscloud.com/619367
Youth Mental Health First Aid Training

Learn how to identify, understand, and respond to signs of mental illness and substance use disorders in youth.

The 6-hour training gives adults the skills they need to reach out and provide initial support to children and adolescents (age 6-18) who may be developing a mental health or substance use problem and can help connect them to appropriate care.

Virtual Training: First Aiders will complete a 2-hour, self-paced online course, and then participate in a 5-hour, instructor-led video conference.

Approved for CEU units

Registration Link: https://na.eventscloud.com/630454
TUPE (Tobacco Use Prevention Education)

**Alternative to Suspension Webinar Series**

**Brief Intervention for Substance Using Adolescents - October 18**
https://na.eventscloud.com/635222

**Alternatives to Suspension Curriculum - November 16**
https://na.eventscloud.com/63801

**Artspiration Community of Practice**

All are welcome: teachers, administrators, teaching artists, arts organizations, and arts allies serving young people in the Santa Clara County.

To Register: https://na.eventscloud.com/619353
Integrating the Arts into Your STEM Curriculum - Join this lesson study and dive into a practical guide for educators looking for creative ways to blend arts and STEM learning.

To Register: https://na.eventscloud.com/619265
Two professional learning opportunities are available for arts educators, multiple subject teachers, school and district administrators, and teaching artists to deepen their understanding of the 2019 California Arts Standards for Public Schools and explore strategies for implementation.

- California Arts Standards Introduction Professional Learning  
- Arts Instruction and Universal Design for Learning (UDL)  
  - https://bit.ly/ArtsUDLFall21

Health & Wellness

COVID-19 DAILY UPDATE  
9/27/2021

88.5% 12 and older with at least one vaccine dose  
83.7% 12 and older who completed vaccination *  
198** new cases (7-Day Rolling Average) 

* Completed vaccination is the number of county residents who either received a vaccine requiring a single dose or received the final dose of a vaccine requiring multiple doses.  
** Due to data transmission issues between Kaiser and the state's Care4Me system, some cases from early August may not yet be reported.  
^ The 7-day rolling average of new cases is the average number of new cases each day in the past 7 days, excluding the most recent 7 days
Weekly Vaccine Schedule

Santa Clara County Weekly Vaccine Schedule

Week of September 26 - October 2, 2021

Vaccines are free, easy, and safe. You do not need health insurance and all immigration statuses are eligible. Staff are onsite to support language needs and disability access.

Drop-in/no appointment needed at all of the following vaccine sites:

**San Jose**
Santa Clara County
Fairgrounds, Expo Hall
Sat, Sun, Mon 8:30am-3:45pm
Tues, Wed 1pm-8pm
2542 Monterey Highway, Gate D
San Jose, CA 95111

Valley Specialty Center
Mon-Fri 9:30am-5pm
751 S. Bascom Ave, Building Q
San Jose, CA 95128

Emmanuel Baptist Church*
Tues-Fri 9am-6p
467 North White Road
San Jose, CA 95127

Story Rd HUB
Sun 9/26 9am-4pm
Fri 10/1 3pm-7:30pm
Sat 10/2 9am-4pm
1775 Story Rd, San Jose, CA 95122

North East Medical Services*
Mon, Wed, Fri 2:30pm-4pm
1870 Lundy Avenue
San Jose, CA 95131

Sun Pharmacy*
Mon-Fri 9am-4pm
Sat 9am-1pm
2599 South King Road, San Jose,
CA 95122

Advance SJ Pharmacy*
Mon-Fri 9am-5:30pm
2331 Montpelier Drive, Suite A-10
San Jose, CA 95116

Silver Creek High School*
Mon 9/20 1:30pm-5:30pm
3434 Silver Creek Rd, San Jose, CA 95121

**San Jose (continued)**
Medical Offices of Dan Hopner, MD,
Rom Romero, PA*
Mon-Fri 10am-2pm
2060 Aborn Road, Suite 100
San Jose, CA 95121

Roosevelt Center*
Sun 9/26 10am-5pm
901 E Santa Clara St, San Jose, CA 95116

Bay Area Community Health*
Tues 9/28 2pm-6pm
1066 South White Road
San Jose, CA 95127

Robert F Kennedy*
Wed 9/29 1pm-6:30pm
1602 Lucretia Ave, San Jose, CA 95122

Valley Water
Wed 9/29 10am-3pm
5750 Almaden Expressway, San Jose, CA 95123

Alpha: Cindy Avitia High School*
Thurs 9/30 4pm-7pm
1881 Cunningham Ave, San Jose, CA 95122

August Boeger Middle School*
Thurs 9/30 2:45pm-6:30pm
1944 Flint Ave, San Jose, CA 95148

Blanco Alvarado Resource Center
Sat 10/2 10am-3pm
408 N. Capitol Ave San Jose, CA 95133

Mekane Rama Sant Gabriel
Cathedral Ethiopian Orthodox
Sat 10/2 12pm-7pm
505 Coyote Rd, San Jose, CA 95111

O.B Whaley Elementary*
Sat 10/2 10am-4pm
2655 Alvin Ave, San Jose, CA 95121

**Gilroy**
Solorsano Middle School*
Mon 9/27 3pm-7:30pm
7121 Grenache Way, Gilroy, CA 95020

Glen View Elementary*
Wed 9/29 2pm-7pm
600 Eighth St, Gilroy, CA 95020

Christopher High School*
Thurs 9/30 4pm-7:30pm
850 Day Rd, Gilroy, CA 95020

**Morgan Hill**
DePaul Health Center
Wed-Fri 9am-6pm
Sat-Sun 8am-5pm
18550 DePaul Dr, Morgan Hill, CA 95037
(Enter on DePaul Drive, near conference center/old hospital building)

**Santa Clara**
Montague Elementary School*
Wed 9/29 2pm-7pm
750 Laurie Ave, Santa Clara, CA 95054

**Sunnyvale**
Daily Bread (St. Thomas Episcopal Church)
Fri 10/1 10am-12pm
231 Sunset Ave, Sunnyvale CA 94086

*1st and 2nd doses only

Boosters for those eligible per CDC and FDA guidelines are NOT available at drop-in vaccine sites at this time. To schedule a booster, find an appointment-based site at www.sccFreeVax.org

2-1-1 sccFreeVax.org
COVID-19 Booster Vaccine

Eligibility for COVID-19 Booster Vaccine

COVID-19 Testing at Ridder Park

COVID-19 testing for education sector employees and their family members.

Tuesdays and Fridays at Ridder Park
7:00 a.m. – 10:55 a.m.
or
12:00 p.m. – 2:55 p.m

Education sector employees can drop in, with your patient ID, for an observed self-administered nasal swab LHI/OptumServe test at Ridder Park.

For more information, visit
Announcements

No Announcements This Week

About the Santa Clara County Office of Education

Working collaboratively with school and community partners, the Santa Clara County Office of Education (SCCOE) is a regional service agency that provides instructional, business, and technology services to the 31 school districts of Santa Clara County. The County Office of Education directly serves students through special education programs, alternative schools, Head Start and State Preschool programs, migrant education, and Opportunity Youth Academy. The SCCOE also provides academic and fiscal oversight and monitoring to districts in addition to the 22 Santa Clara County Board of Education authorized charter schools. For more information about the Santa Clara County Office of Education, please visit www.sccoe.org.

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October 2021 Events Calendar

Subscribe to the SCCOE IMPACT Weekly.