



Message from Dr. Mary Ann Dewan, County Superintendent of Schools

Hello everyone,

September is National Suicide and Prevention Month, an excellent time to have the challenging conversations with each other about suicide and prevention. Even though youth suicide is preventable it occurs at high levels in the state and nation, and the pandemic exacerbated the teen mental health crisis. In fact, suicide is the third leading cause of death in youth ages 15-24 statewide and nationally, according to the CDC.

While the topic is important year-round, this month provides dedicated time to come together to address the topic. As these important conversations are being had please know that action can be taken to prevent youth suicide. The suicide and crisis hotline is a free, 24-hour resource with a new number. To reach the hotline, please dial 9-8-8.

More important than ever, families, teachers, healthcare providers, and youth must learn and understand the key elements of [youth suicide prevention](#).

- Create safe and welcoming spaces for youth to better their mental health
- Have an honest conversation without judgment about mental health
- Connect youth with support and safety to make positive action
- Maintain ongoing and open communication

The Santa Clara County Office of Education is committed to the wellbeing of all students, and provides resources to youth, families and educators through the [Department of Youth Health & Wellness](#). There are local and national resources for anyone experiencing a mental health crisis,



Mary Ann Dewan, Ph.D.
County Superintendent of Schools

such as the [County of Santa Clara Behavioral Health Services](#) and [988 Suicide & CrisisLifeline](#).

It's important for youth to know they are surrounded by support and loved ones who will support them.

We are **#StrongerTogether**.

Be well,

Mary Ann Dewan, Ph.D.
County Superintendent of Schools

SCCOE News

Visit the [SCCOE Newsroom](#) for the latest news and updates.

Community News and Resources



Check your voting district

New districts line have been drawn for many public offices based on the 2020 Census data. The new district lines may affect which candidates and contests appear on your ballot beginning with the November 8, 2022 General Election. Your ballot may not look the same - candidates may have changed as district lines have changed.

The County is still wholly contained in Board of Equalization District 2 and we still have five County Supervisorial Districts, however the boundaries for the County Supervisorial



Lantern Festival

You're invited to the inaugural [Milpitas Lantern Festival](#) taking place Friday, September 9 from 7-10 p.m. at the City Hall Plaza.

Entertainment includes cultural dancers, a performance by the popular bay area band Vietcoustic and DJ music by Jay Sumabat. In addition to performances, there will be free craft stations for children and parents where they can create their own land-based lanterns and design various mooncake crafts.

Arrive hungry and enjoy local Vietnamese cuisine. There will be an assortment of sweet and savory mooncakes available for purchase via credit or debit card.

District News and Resources



Community Schools Fundamentals Workshop

Workshop on September 22-23

The Santa Clara County Office of Education, California Community Schools Learning Exchange, and the National Center for Community Schools are proud to announce that registration is now open for the California-based Fundamentals Workshops. This is an in-

person learning and networking opportunity designed specifically for California County Offices of Education, district, school, and community partner teams – especially those that have received planning or implementation grants or are interested in applying for the \$4,000,000,000 in state and/or federal community school funding in California.

This workshop will be on September 22 and 23 from 8 a.m. to 5 p.m. at the Santa Clara Convention Center. To register, visit <https://www.eventleaf.com/e/cs-fundamentals-sanjose>

For more information, contact youthhealthwellness@sccoe.org



Free Wi-Fi hotspots

The San Jose Public Library is checking out free portable Wi-Fi hotspots to K-12 public school students who live in San Jose for the 2022-2023 school year. For more details, visit the [SJPL website](#).



Mental Health Toolkit

Many students are feeling [#AllTheFeels](#) as they return to the classroom. MHA's 2022 Back-to-School Toolkit examines the mental health challenges young people face and provides resources for students, parents, and teachers. Download the toolkit here: mhanational.org/back2school



OEM OFFICE OF EMERGENCY MANAGEMENT

LIMIT PHYSICAL ACTIVITY OUTDOOR

PrepareSCC.org/HotWeather

- Avoid outdoor activities during hot weather.
- Stay indoors in an air conditioned space.
- Wear loose-fitting, lightweight, and light-colored clothes.
- Call 9-1-1 if you see someone in distress.

The poster features an illustration of two people sitting on the floor indoors, one reading a book and the other looking at a laptop, with a Christmas tree and a framed picture of musical notes in the background.

Heat Advisory



Youth Substance Services

The [County Of Santa Clara Behavioral Health Services Department](#) offers youth substance services Monday through Friday, from 9 a.m. to 6 p.m. Call their confidential Youth Services Call Center line at 408-272-6518 and they will give you an open space for honest discussion if you have a youth in need of treatment services.



Lead in toys

"Many of our children put toys in their mouths."
- Toy lending library staff member

#LeadFreeKids



CC329586.A

Lead can be in toys

Parents and caregivers are encouraged to talk to their healthcare providers to find out if their children are at risk for lead exposure and if a blood lead test is needed. If a child has

a detectable amount of lead in their blood, their healthcare provider can connect them to recommended nutritional, educational, and environmental services.

About the Santa Clara County Office of Education

Working collaboratively with school and community partners, the Santa Clara County Office of Education (SCCOE) is a regional service agency that provides instructional, business, and technology services to the 31 school districts of Santa Clara County. The County Office of Education directly serves students through special education programs, alternative schools, Head Start and State Preschool programs, migrant education, and Opportunity Youth Academy. The SCCOE also provides academic and fiscal oversight and monitoring to districts in addition to the 22 Santa Clara County Board of Education authorized charter schools. For more information about the Santa Clara County Office of Education, please visit www.sccoe.org.

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