



# Tricia Zamora

## Leading SCCOE to a Healthier Future

Champions for Leadership  
June 12, 2012

# Goals

## Professional Goals:

- Learn to be a more effective leader with the courage to change a culture
- Develop strategies to gain support for my ideas

## Project Goals:

- Conduct a self audit of SCCOE employee wellness program
- Identify best practices in school wellness programs that make a positive impact

# Apply for Directors of Health Promotion and Education Award

## Objective:

Identify best practices among other school wellness programs

## Process:

- Multi step
- Gathered and compiled required data based on nine key components
- Written report for each section
- Submitted application/report according to the timeline

# Where We Are

9. Sustainable Program

1. Administrative Support

2. Resources

8. Outcomes

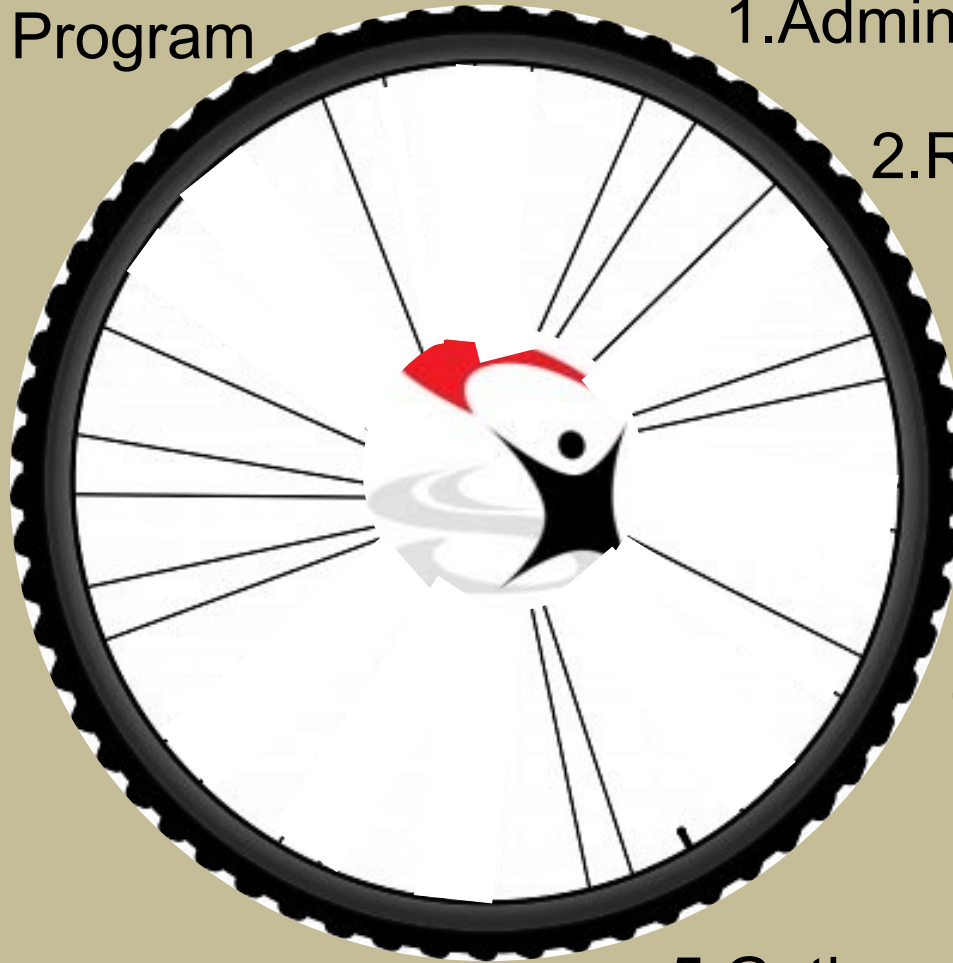
3. Identified Leader

7. Implemented Plan

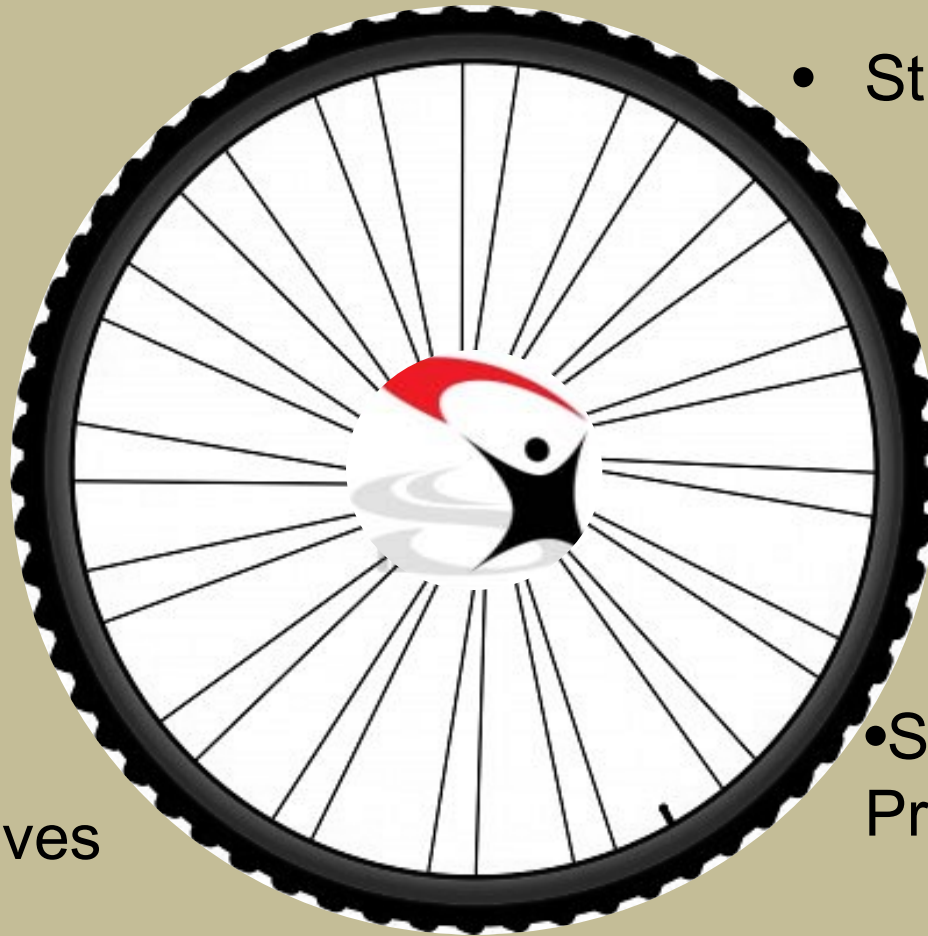
4. Wellness Committee

6. Developed Plan

5. Gather and Analyze Data



# Where We Want To Be



- Share Outcomes

- Strengthen Support

- Strategic Evaluation

- Community Resources

- Aligned Initiatives

- School Health Professionals

- Collaborate with HCCCC

# Impact



# Accomplishments

- Developed valuable relationships with mentor and other mentees
- Worked with my department and other SCCOE groups to gather data for application report
- Identified best practices from successful school wellness programs
- Self reflection

# Key Learnings

- Find the courage to lead from 5000 foot level and 40,000 foot.
- Having a good idea or a vision is not good enough. Sometimes great ideas get lost in the communication process.
- Influencing staff who I have no authority over requires trust and a sense of collaboration.
- Time to apply “Switch” starting with me