Training Description:
This training is to build skills of counselors and other adults working with adolescents. BI is a short-term counseling style of intervention that consists of 2 to 4 sessions aimed at adolescents who use tobacco, marijuana, alcohol and/or other drugs. This approach uses Motivational Interviewing, Cognitive Behavior Therapy, and the Stages of Change Model to meet the needs of adolescents.

Learning Objectives:
- Examine the roles and attitudes of counselors and other adults who interact with teens.
- Learn how to teach adolescents how to take a more active and reflective role in decisions about their own behavior.
- Identify strategies to support an adolescent-driven plan to make decisions they see as beneficial.
- Increase knowledge about drug and alcohol use among teens.
- Utilize Motivational Interviewing to empower rather than enforce.

Target Audience:
School Administrators (Deans, AP/VPs, etc.), Educators, Support Staff, Counselors, Nurses, Social Workers, and Community Based Partners

Registration Link
Questions? Please contact Cecilia Apley at capley@acoe.org