

## PHONE / ONLINE PROGRAM



**Youth Vaping Alternative Program Education (YVAPE)** is operated by Kick It California. All services are provided at no cost by trained counselors. Students participate in telephone sessions, watch short educational videos, and complete discussion questions.

Sequence: Two, 20-minute counseling sessions and 30-60 minutes of videos and discussion completed independently

Age: 13+

[YVAPE Website](#)

## ONE-ON-ONE INTERVENTIONS



**Brief Intervention (BI)** for Substance Using Adolescents is a one-on-one intervention program for young people who use tobacco and/or other drugs. A trained BI provider (counselor, teacher, or other school-based staff) facilitates the program on campus.

Sequence: Two to three 45-60 minute sessions

Grades: 6-12

## SMALL GROUP INTERVENTIONS



**Healthy Futures** is a small group intervention program from the Stanford Tobacco Prevention Toolkit. Students learn about the harms of vapes/e-cigarettes or cannabis and will receive resources on how to quit vapes/e-cigarettes or cannabis.

Sequence: 40-60 minute self-paced course, or 2-hour and 4-hour curricula

Grades: 6-12

[Healthy Futures Website](#)



**Restorative Practices** based on a set of principles and practices that deal with harm and wrongdoing. It looks at a problem not simply as a breaking of rules, but most importantly, as a violation of relationships or harming of real people. Restorative interventions seek to create face-to-face dialogue based on respect and responsibility in order to repair the harm that was done. - Restorative Solutions, 2022

Process: Fill out the service request form. Pre-conferencing is required.

Grades: 6-12

Contact our Tobacco Use Prevention Education (TUPE) team at [tupe@sccoe.org](mailto:tupe@sccoe.org) or visit our TUPE website at [sccoe.org/tupe](http://sccoe.org/tupe)