



# 2022-23 ONLINE TRAININGS FOR PARENTS, GUARDIANS, FAMILIES OF STUDENTS WITH SPECIAL NEEDS

Hosted by Santa Clara SELPAs I, II, III, IV, & VII

***Click on the Titles to register online. Zoom login information will be sent to registered participants via email.  
There are no fees associated with these events.***

## DISABILITIES OVERVIEW

**September 13, 2022; Time: 4:00-4:30pm**

*Presenters: Susan Bobbit-Voth and Garth Armit*

Topics to be covered:

- Identification of the 13 handicapping conditions under IDEIA 2004
- Description of main characteristics of each handicapping condition
- Some simulations for awareness

## EDUCATIONAL BENEFIT FOR PARENTS

**September 21, 2022; Time: 4:00-5:00pm**

*Presenter: Alison Rose, Ed. S., M.Ed., M.S.*

Wow, that is a lot of paperwork! There are many pages in your student's IEP paperwork, each one present for a different reason. Learn how the reports and pages of the paperwork are all connected to give you a clear understanding of your student's educational program.

During this training, participants will be presented with information on the following:

- Reports you receive during initials and triennials.
- How the reports connect to the present levels, goals, services, and placement in the IEP paperwork.
- Tips for you to engage in the process of developing this plan.

## INSIGHTS INTO THE PARENT EXPERIENCE: AN OVERVIEW OF THE GRIEF CYCLE

**October 11, 2022; Time: 4:00-4:30pm**

*Presenters: Susan Bobbit-Voth and Garth Armit*

Topics to be covered:

- Description of the emotions and reactions parents might experience after learning that their child has a disability.
- Description of the purpose of each stage of the Grief Cycle for healing and shifting perspective to parents to support their child and collaborate with the school district and other service providers.



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## PRE-REFERRAL INTERVENTIONS

**October 25, 2022; Time: 4:00-4:30pm**

*Presenters: Susan Bobbit-Voth and Garth Armit*

Topic to be covered:

- Overview of interventions available to support the child prior to referral for assessment for special education

## THE SPECIAL EDUCATION PROCESS (PART 1)

**November 15, 2022; Time: 4:00-4:30pm**

*Presenters: Susan Bobbit-Voth and Garth Armit*

Topics to be covered:

- Overview of the steps involved in the special education process including:
  - a. "Child Find"
  - b. Assessment and Determination of Eligibility

## THE SPECIAL EDUCATION PROCESS (PART 2)

**November 29, 2022; Time: 4:00-4:30pm**

*Presenters: Susan Bobbit-Voth and Garth Armit*

Topics to be covered:

- Overview of the steps involved in the special education process including:
  - a. Development of the Individual Education Plan (IEP)
  - b. Least Restrictive Environment (LRE)

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## THE SPECIAL EDUCATION PROCESS (PART 3)

**December 6, 2022; Time: 4:00-4:30pm**

*Presenters: Susan Bobbit-Voth and Garth Armit*

Topics to be covered:

- Alphabet Soup - Acronyms in Special Education
- Supplementary supports and Related Services

## WHAT IS SELPA AND HOW CAN IT SUPPORT YOU

**December 13, 2022; Time: 4:00-4:30pm**

*Presenters: Susan Bobbit-Voth*

Topics to be covered:

- Definition, history, and purpose of SELPAs in California
- Description of services and supports provided to school districts and parents/ guardians

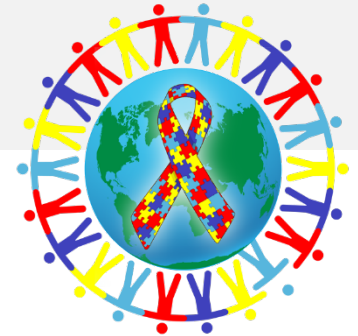
## EVIDENCE BASED PRACTICES (EBPs) FOR INDIVIDUALS WITH AUTISM SPECTRUM DISORDERS (ASD)

**January 10, 2023; Time: 4:00-4:30pm**

*Presenters: Garth Armit*

Topic to be covered:

- The EBPs will be shared with an explanation and how they are implemented and the typical service provider



## BEHAVIORAL THEORY

**January 24, 2023; Time: 4:00-4:30pm**

*Presenters: Garth Armit*

Topics to be covered:

- Brief overview of the fundamental principles of behavioral theory, and
- Suggestions for parents on using the principles in the home to help manage and change their child's behavior

## SOCIAL EMOTIONAL LEARNING (SEL)

**February 7, 2023; Time: 4:00-4:30pm**

*Presenters: Garth Armit*

Topics to be covered:

- Overview of Social Emotional Learning
- Strategies for developing social emotional skills to build independent living skills and enhance quality of life

## INDIVIDUAL TRANSITION PLANS

**February 21, 2023; Time: 4:00-4:30pm**

*Presenters: Susan Bobbit-Voth and Garth Armit*

Parents will be provided information about the ITP process including:

- Timelines
- The importance of a carefully crafted ITP
- Tips to prepare their student to transition to adult life when he/she graduates, receives a Certificate of Completion, or reaches the maximum age

## POST SCHOOL LIFE

**March 7, 2023; Time: 4:00-4:30pm**

*Presenters: Susan Bobbit-Voth and Garth Armit*

Post-high school options will be discussed including:

- Adult Day Programs
- Competitive Integrated Employment (CIE) for individuals with special needs including those with more severe needs
- Regional Centers, the Department of Rehabilitation (DOR) and other agencies that provide support to the child/family in post school life
- Conservatorship

## BUILDING COLLABORATIVE RELATIONSHIPS BETWEEN THE SCHOOL AND PARENTS

**March 21, 2023; Time: 4:00-4:30pm**

*Presenters: Susan Bobbit-Voth and Garth Armit*

Topics to be covered:

- Overview of the benefit to children with special needs of collaborative partnerships between schools and families
- Effective communication skills and how to implement them in everyday interactions between parents and educators

## WHEN DISAGREEMENTS ARISE

**April 11, 2023; Time: 4:00-4:30pm**

*Presenters: Susan Bobbit-Voth and Garth Armit*

Topics to be covered:

- The Nature of Conflict
- Tips for Dealing with Conflict
- Benefits of Resolving Conflict Early

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## PARENTAL RESOURCES AND SELF-CARE

**April 25, 2023; Time: 4:00-4:30pm**

*Presenters: Susan Bobbit-Voth*

Topics to be covered:

- Tips for to managing day-to-day stress and maintaining physical and mental well-being including:
  - a. Relaxation and anxiety reduction
  - b. Mindfulness

## SUPPORTING SIBLINGS OF CHILDREN WITH SPECIAL NEEDS

**May 9, 2023; Time: 4:00-4:30pm**

*Presenters: Susan Bobbit-Voth and Garth Armit*

Topic to be covered:

- Ideas for parents to help their non-disabled children feel supported and valued

