

Asian American and Pacific Islander (AAPI) Educators Network

Hybrid Meeting

Thursday, September 7, 2023

4:30 to 6 p.m.

Zoom link: <https://sccoe.zoom.us/j/96658751181?pwd=emtTWkd5dWd1dIA3Y2FCTk1XYmdRUT09>

Agenda

AAPI webpage: <https://www.sccoe.org/sclis/aapi>

I. Welcome and Introductions

Dr. Mary Ann Dewan, County Superintendent of Schools, Santa Clara County Office of Education **4:30 – 4:40 p.m.**

II. Keynote: We are Storied Beings: Understanding the Narratives & Identities of Asian American Students

Understand cultural competency and cultural humility to be responsive to the needs of AAPI students



Dr. Rod Daus-Magbual

Educator
Executive Director of Pin@y Educational Partnerships
Council Member for Daly City (Mayor 2022)

4:40 – 5:15 p.m.

III. Discussion and Reflection

- What are the perceptions of Asian American youth?
- Why is it important to understand the narratives of Asian American students? **5:15 – 5:30 p.m.**
- What can you do as educators to respond to the needs of Asian American youth?

IV. Networking

- My Name, My Identity Maker Activity facilitated by Gena Pacada and Sandya Lopez, Inclusion Collaborative, Santa Clara County Office of Education **5:30 – 6:00 p.m.**
 - Gain ideas to use with students and families to highlight their cultural assets.
- Dinner

Future Meeting Dates: November 6, 2023; February 8, 2024; and May 6, 2024

Please complete meeting survey: https://sccoe.to/aapien_090723

Asian American and Pacific Islander (AAPI) Educators Network

Hybrid Meeting
Monday, November 6, 2023
4:30 to 6 p.m.

Zoom link: <https://sccoe.zoom.us/j/96658751181?pwd=emtTWkd5dWd1dIA3Y2FCTk1XYmdRUT09>

Agenda

AAPI webpage: <https://www.sccoe.org/sclis/aapi>

I. Welcome and Introductions

Dr. Mary Ann Dewan, County Superintendent of Schools, Santa Clara County Office of Education **4:30 – 4:40 p.m.**

II. Facilitated Discussion: *Supporting the Mental Health of Our AAPI Students Through a Cultural Lens* **4:40 – 5:15 p.m.**



Moderator

Gena Pacada, Coordinator Makerspace Training
Santa Clara County Office of Education



Topic Professional

Anokh Sohal, Psychiatrist and associate physician
Department of Behavioral Sciences and Psychiatry at UC Davis Health

Discussion Questions:

1. What are the unique mental health challenges that AAPI students face in educational settings, and how can schools better understand and address those challenges?
2. Are there specific cultural factors within the AAPI community that contribute to mental health stigma, and how can schools work to reduce this stigma?
3. What strategies or resources can schools provide to support AAPI students' mental health needs, considering the diverse cultural backgrounds within the AAPI community? How can others access your services?

III. Group Discussion and Reflection **5:15 – 5:30 p.m.**

IV. Networking (Dinner) **5:30 – 6:00 p.m.**

Future Meeting Dates: February 8, 2024 and May 6, 2024

Please complete meeting survey: https://sccoe.to/aapien_110623

Asian American and Pacific Islander (AAPI) Educators Network

Hybrid Meeting | Thursday, February 8, 2023 | 4:30 to 6 p.m.

Zoom link: <https://sccoe.zoom.us/j/96658751181?pwd=emtTWkd5dWd1dIA3Y2FCTk1XYmdRUT09>

Agenda

AAPI webpage: <https://www.sccoe.org/sclis/aapi>

I. Welcome and Introductions

Dr. Deborah Gorgulho, Assistant Superintendent, Educational Progress Division/
Interim Professional Learning & Support Division, Santa Clara County Office of
Education

4:30 – 4:40 p.m.

II. Facilitated Discussion: Mental Health Support for Students and Families

4:40 – 5:20 p.m.



Moderator - Tina Tong Choy

Principal, Cherrywood Elementary School,
Berryessa Union School District (BUSD)

Panelists:

- **Dr. Annya Artigas**, Director of Social Emotional Learning, ARUSD
- **Betty Chen**, Fifth Grade Teacher, Cherrywood Elementary School, BUSD
- **Elaine Schultz**, School Social Worker, Berryessa Union School District
- **Jeannie Young**, Parent, Cherrywood Elementary School, BUSD
- **Om Swaroop**, Student, Cherrywood Elementary School, BUSD

Discussion Questions:

1. In your experience, what have you observed as the unique and evolving needs of staff, students, and parents when it comes to mental health care and well-being? How is your school site currently addressing and supporting these needs?
2. Can you share specific examples of mindful practices that have been successfully implemented to promote mental health and social-emotional learning? What does success look like in these instances, and how have they positively impacted the community?
3. Drawing from your expertise, what advice would you offer to educators, students, and families seeking to enhance their mental health and well-being? Are there specific strategies or resources you find particularly effective?
4. Initiating discussions about mental health is crucial. How do you approach and begin these conversations with educators, students, and families in a way that fosters open dialogue and understanding?
5. Considering the diverse roles within an educational setting, how do you believe your practices can be specifically beneficial to teachers, site administrators, and other staff members? In what ways do these practices contribute to a supportive and thriving school environment?

III. Group Discussion and Reflection

5:20 – 5:30 p.m.

IV. Networking (Dinner)

5:30 – 6:00 p.m.

Future Meeting Date: May 6, 2024

Please complete meeting survey: https://www.surveymonkey.com/r/aapien_020824

Asian American and Pacific Islander (AAPI) Educators Network

Hybrid Meeting | Monday, May 6, 2024 | 4:30 to 6 p.m.

Zoom link: <https://sccoe.zoom.us/j/96658751181?pwd=emtTWkd5dWd1dIA3Y2FCTk1XYmdRUT09>

Agenda

AAPI webpage: <https://www.sccoe.org/sclis/aapi>

I. Welcome and Introductions

Dr. Deborah Gorgulho, Assistant Superintendent, Educational Progress
Division, Santa Clara County Office of Education

4:30 – 4:45 p.m.

II. Facilitated Discussion: *Mental Health and Wellness Support for the School Community*

4:45 – 5:30 p.m.



Moderator

Gena Pacada,

Coordinator, Makerspace Training, Santa Clara County Office of
Education



Topic Professional:

Sumatra Downing, LCSW, PPSC, CWA, M.Ed.,

USC Doctoral Student-K-12 Ed.D., Coordinator of Mental Health
and Wellness, Santa Clara County Office of Education

Discussion Questions and Group Interactive

- What is your role? Who do you support? Educate participants about the Wellness Centers.
- What recommendations would you give to parents, educators, and community leaders to support the mental health and well-being of AAPI students, with a focus on nurturing their creativity, imagination, and ability to dream big?
- The work that you do can be very heavy at times. What do you do to make sure that you prioritize yourself and your mental health?
 - What advice/resources do you have for educators?

III. Group Reflection

5:30 – 5:35 p.m.

IV. Networking (Dinner)

5:35 – 6:00 p.m.

2024-2025 Tentative Meeting Dates: September 9, 2024; November 7,
2024; February 6, 2025; May 5, 2025

Please complete meeting survey: <https://www.surveymonkey.com/r/aapien050624>

Asian American and Pacific Islander (AAPI) Educators Network

Network Objectives:

- Provide professional networking opportunities for AAPI educators
- Learn about trending topics related to AAPI students and educators
- Discuss issues and challenges related to AAPI students and educators
- Encourage AAPI educators to aim for leadership roles