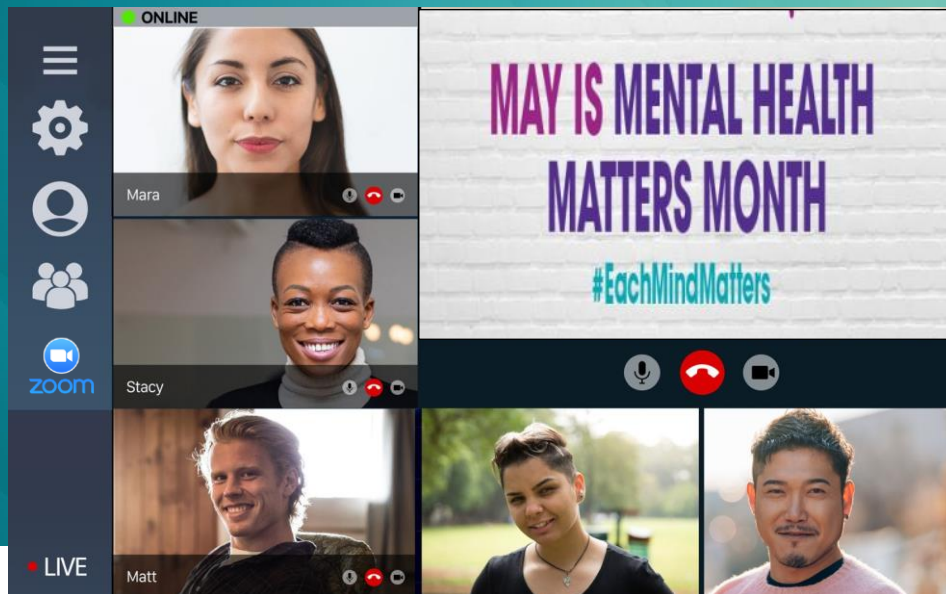


The State of Youth During COVID-19

A Conversation with Students

Join a virtual town hall for tips, information and resources as we continue to stay connected during this challenging time.



The COVID-19 (Coronavirus) pandemic has been a source of stress, anxiety and uncertainty for many in our community. The County of Santa Clara's Behavioral Health Services Department invites students and youth for a conversation with mental health advocates about wellbeing.

Participants will:

- Hear from student panelists as they share personal accounts
- Learn tips from clinicians who will discuss wellbeing
- Learn about local mental health resources
- Have Q&A and open dialogue with peers and mental health professionals

The Town Hall will take place on Zoom and Facebook livestream in May, which is Mental Health Awareness Month.

Date/time: Tuesday, May 19, 3:45-5:00 PM

Registration link: <https://bit.ly/cscstudents>

Speakers: Current high school and college students, and local mental health professionals

Audience: High school & college-age students

To join: Register above to receive access information by email, or watch the livestream on the Facebook account, [@cscbehavioralhealth](https://www.facebook.com/cscbehavioralhealth).

