

AP Unit 4 Building Courage, Redirecting Misbehavior

Facilitator's Agenda

Time	Activity	Slide(s)	Materials
Prior to start	Greet; Participants Sign-in; Materials passed out		PPT & HO packet, Sign-in sheet
5 min. (5)	Homework Group Review	26	PPT
2 min. (7)	Unit 4 Overview; Set up ice breaker	26	PPT
15 min. (22)	Ice breaker: Four square of how our family spends time together		Construction paper. Markers, magazines, scissors, glue sticks
2 min. (24)	Teens with High Self Esteem	27	PPT
2 min. (26)	Activity: Reflect on your teen in relation to high self-esteem		
2 min. (28)	Turning Discouragement into Encouragement	28	PPT
3 min. (31)	Activity: Give examples for each point. Table talk		
3 min. (34)	The Five Goals of Teen Behavior	29	PPT
5 min. (39)	Activity: How does your teen exhibit these characteristics? Partner share		
3 min. (42)	Guidelines for Problem Prevention Talks	30	PPT
5 min. (47)	Activity: Work through example. Table groups		
5 min. (52)	Reflection: Turning Discouragement into Encouragement		Reflection HO
8 min. (60)	Home Practice: Teach a skill.	N/A	Home Practice HO