

AP Unit 1 The Active Parent

Facilitator's Agenda

Time	Activity	Slide(s)	Materials
Prior to start	Greet; Participants Sign-in; Materials passed out	N/A	PPT & HO packet, Sign- in sheet
2 min. (2)	Introduction; AP Time Breakdown; Course Overview; Unit 1 Overview	0	PPT
10 min. (12)	Ice breaker: My Teen's Characteristics & Introductions		Paper doll HO, pencils, crayons
2 min. (14)	The Purpose of Parenting/The Active Parent	1	PPT
3 min. (17)	The Active Parent	2	PPT
3 min. (20)	Activity: At tables give examples of each point.		
2 min. (22)	Tasks of Adolescence/Values and Qualities to Develop in Teens	3-4	PPT
3 min. (25)	Activity: At tables determine what values and qualities are needed for adolescents to complete tasks		
2 min. (27)	Styles of Parenting	4-7	PPT
3 min. (30)	Activity: Reflect and share at tables about challenges to changing parenting styles.		
3 min. (33)	Active Parenting Strategies	8	PPT
10 min. (43)	Activity: Reflection		Reflection Sheet
10 min. (60)	Homework: Family Meeting	N/A	Homework HO