

Safe & Healthy Schools Services and Trainings Calendar 2018 - 2019

The Santa Clara County Office of Education Safe and Healthy Schools Department is pleased to offer these professional development and networking opportunities to support positive school climate and student health and wellness efforts. Workshops, trainings, and meetings are conducted by department staff and partners who have been trained to deliver the programs and have project experience in the content area. These workshops and trainings are provided at the Santa Clara County Office of Education or community partner locations. Trainings can also be scheduled in schools, community or workplace settings and are available to any organization interested in hosting, additional costs may be associated with some trainings provided outside of the SCCOE. Unless other arrangements are made with SCCOE, host agencies will be responsible for participant recruitment and registration, facility reservation and room setup. SCCOE can provide all necessary equipment if the designated training room does not have a built in system that meets the needs of the training. Costs associated with trainings will be listed on the registration link. Some of the training programs listed below can be tailored for specific audience groups and customized with district-specific data and activities. Please contact us for more information on these and other specialized services available to assist you in ensuring our schools are safe and our children are healthy.



For more information or to schedule any of the training programs described here, contact:

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Multi-Tiered System of Supports

California's Multi-Tiered System of Supports (MTSS) is an integrated, comprehensive framework that aligns academic, behavioral, and social-emotional learning in a fully integrated system of support for the benefit of all students. MTSS offers the potential to create needed systemic change through intentional design and redesign of services and supports to quickly identify and match to the needs of all students.

MTSS Overview: Does All really mean **All**? The Multi-Tiered System of Supports (MTSS) framework is an evidenced-based model that uses data-based problem solving to integrate academic and behavioral instruction and intervention to create equitable learning environments for all students.

At this **introductory** workshop, participants will learn how MTSS supports an aligned system of evidence-based instruction, intervention, enrichment, and assessment practices in both academics and behavior that aims to provide every student what they need to succeed. Information will be shared about California's approach to MTSS and the steps needed to implement MTSS at the district and site levels.

Date: September 18, 2018

Times: 8:30 am to 3:00 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <http://santaclara.k12oms.org/1549-154910>

MTSS District Leadership Team Training (3-day series):

The goal of this training strand is to extend the learning from the California SUMS Initiative training and build local capacity within districts by providing continuing coaching support to district MTSS leadership teams. These sessions will focus on integrating academic and behavior systems with a focus on the integration of teams, data, and practices.

Dates: November 7, January 24, March 20

Times: 8:30 am to 3:00 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <http://santaclara.k12oms.org/1549-154912>

SUMS Initiative Cohort 3: *These are closed trainings to recipients of the California SUMS Initiative grant. Please contact Rhonda Beasley at rhonda_beasley@sccoe.org or call (408) 453-6569 for more information.*

School Climate, Safety and Crisis Response

School Attendance Review Board (SARB) Mediations (monthly): The SCCOE has partnered with the District Attorney General's Office to provide monthly SARB Mediations for school districts in Santa Clara County. A SARB Mediation is provided as an intervention “when a student is a *habitual* truant, or is irregular in attendance at school, or is habitually insubordinate or disorderly during school. The student may be referred to a school attendance review board (SARB) or to the county probation department pursuant to *EC* Section 48263. The student may also be referred to a probation officer or district attorney mediation program pursuant to *EC* Section 48263.5. The intent of these laws is to provide intensive guidance to meet the special needs of students with school attendance problems or school behavior problems pursuant to *EC* Section 48320. These interventions are designed to divert students with serious attendance and behavioral problems from the juvenile justice system and to reduce the number of students who dropout of school.” Assistant District Attorney, Tina Nunez-Ober will provide SARB Mediation presentations and alongside her community partners such as Santa Clara County Behavioral Health, DADs, and Santa Clara County Social Services will provide resources and information to assist with challenges parents and students may be facing causing the chronic truancy. These monthly SARB Mediations will be provided to parents and students, Kinder through 12th grade.

Dates: October 10 | November 15 | December 13 | January 17 | February, 21 | March 14
April 11 | May 16

Times: 1:30 pm to 4:30 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: ***By referral only. Please contact our department at (408) 453-6504 for more information.

Nuts & Bolts: A Shift from Truancy to Chronic Absenteeism: The Santa Clara County Office of Education in partnership with the Santa Clara County District Attorney's Office is hosting a half-day training on understanding how to address student attendance and chronic absenteeism. The training will provide:

- Overview of Student Attendance
- Truancy vs Chronic Absenteeism
- Santa Clara County - Recommended SARB Process
- Levels of Interventions
- Summ. Law and DA Mediations

Date: September 4, 2018

Time: 9:00 am to noon

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <http://santaclara.k12oms.org/1549-154741>

Positive Behavior Interventions and Supports (PBIS) and Multi-Tiered System and Supports (MTSS) Implementation:

Positive Behavior Interventions and Supports (PBIS) is a decision-making framework that guides selection, integration and implementation of the best evidence-based behavioral practices for improving important behavior outcomes for all students. PBIS is not a curriculum, intervention or practice, but instead it is a collaboration between district and school staff in designing behavioral support systems at each tier of a response-to-intervention (RtI) and Multi-Tiered System of Supports (MTSS) approaches. Training is provided over a three-year period and includes professional development sessions, design and planning time, as well as on-site technical assistance. To participate, schools and districts must commit site and district teams and identify PBIS coaches. Site teams and site/district PBIS coaches must attend all SW-PBIS trainings. PBIS coaches must attend all district leadership and coaches trainings.

Trainings Offered:

Tier 1 Trainings: School-wide PBIS Site Team Trainings (6 days)

Tier 2 Trainings: Targeted Behavior Interventions and Check In Check Out (CICO) (3 days)

Tier 3 Trainings: Tertiary Systems and Functional Behavior Supports (3 days)

School-wide Information System (SWIS) Certification Training: (3 days)

District Leadership Training: (Once per year)

For trainings and technical assistance, please visit our website at <http://pbis.sccoe.org> or contact Stephanie Tague at stephanie_tague@sccoe.org.

PBIS Overview: At this **introductory** workshop, participants will receive an overview of the research supporting Positive Behavioral Interventions and Supports (PBIS). Results will be shared from districts and schools that have successfully put PBIS into practice. Information will be provided on the steps needed to implement schoolwide and classroom support systems for PBIS.

Date: October 29, 2018

Time: 9:00 am to noon

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <http://santaclara.k12oms.org/1549-153427>

Date: May 8, 2019

Time: 9:00 am to noon

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <http://santaclara.k12oms.org/1549-154204>

PBIS Coaches Training (3 days): The goal of this training strand is to build local capacity within districts to providing continuing coaching support and district leadership to support school implementation efforts. PBIS Coaches will receive training in

- Providing on-site coaching support to school teams
- Facilitating PBIS Leadership meetings
- Coordinating district action planning
- Coordinating PBIS professional development efforts
- Evaluation and assessment

Dates: October 1, 2018 | January 16, 2019 | March 6, 2019

Time: 8:30 am to 3:00 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <http://santaclara.k12oms.org/1549-153528>

PBIS Coaches Network (4 days) These Networks work to build local capacity within districts for successful implementation. Participants will collaborate on strategies and solutions to ongoing implementation needs, and share resources and the latest tools.

Dates: September 13, 2018 | November 29, 2018 | February 14, 2019 | May 2, 2019

Time: 9:00 am to 2:00 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <http://santaclara.k12oms.org/1549-153537>

5th Annual Northern California PBIS/School Climate Symposium: This two-day event is intended for administrators, teachers, counselors, special educators, School Resource Officers, PBIS Coaches, Social Workers and all educators interested in creating a positive school climate. Workshops to focus on PBIS, Cultural Responsiveness, School Climate, Bullying Prevention, Mental Health and more.

Dates: April 29 - 30, 2019

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <http://santaclara.k12oms.org/1549-154918>

School Safety Planning Workshop: This safety planning workshop will help prepare participants to develop and maintain a comprehensive school safety plan. The presentation will:

- 1) Explore a model plan that reduces time for maintenance and updates.
- 2) Discuss strategies and best practices from other schools.
- 3) Share resources to develop and update safe schools plans to meet local needs and effectively incorporate legislative mandates into school safety.
- 4) Provide tools to assist with the planning process and strengthen outcomes.

This workshop is ideal for school safety planning teams who have been tasked with writing or updating the comprehensive safe schools plan mandated by Education Code 32280-32289 (SB 187).

Please contact our department at (408) 453-6504 for more information.

Bullying 101: An Overview: This three-hour training will provide a thorough overview of the issue of bullying, working definitions, and student short and long term effects of bullying; including an introduction to the Olweus Bullying Prevention Program (OBPP). Training will identify resources and additional trainings to fully implement bullying prevention efforts within your school community.

Date: October 29, 2018

Time: 1:00 am to 4:00 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <http://santaclara.k12oms.org/1549-153923>

Bullying Prevention and Intervention Strategies Workshop: This workshop will provide a thorough overview of bullying including working definitions and legal mandates, prevention and intervention strategies within positive behavior support, and a variety of resources to help address the issue in schools. Presenter will share a pyramid of strategies from whole school prevention approaches to early and intensive intervention. Research on the dynamics of bullying will also be presented, as it defines the roles involved in bullying situations and common traits of people who bully and their targets. An action plan will also be provided to help support school-based efforts to strengthen schoolwide approaches and implement current best practices to prevent bullying and foster a positive school climate.

Date: December 7, 2018

Time: 9:00 am to 3:00 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <http://santaclara.k12oms.org/1549-153926>

CSEC 101: Commercially Sexually Exploited Children: Human trafficking is a horrible reality that takes place every day in the United States and across the globe. Trafficking can involve school-age youth, particularly those made vulnerable by trauma, and can take a variety of forms including forced labor, domestic servitude, and commercial sexual exploitation. Traffickers may target minor victims through social media websites, telephone chat-lines, after-school programs, at shopping malls and bus depots, in clubs, or through friends or acquaintances who recruit students on school campuses. Schools are a critical component in combating the commercial sexual exploitation of children in our community. Join us as we discuss commercial sexual exploitation of children, the red flags, signs, and resources, action planning to integrate our schools in this community effort.

Date: December 17, 2018

Time: 8:30 am to 3:30 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <http://santaclara.k12oms.org/1549-154921>

Restorative Practices Overview: This 3-hour overview will:

Provide thorough overview of restorative practices as a social science, working definitions and description of restorative approach, describe the continuum of restorative practices.

Explain how restorative practices fits in to positive behavior support-tiered approach.

Support in assessing readiness for restorative practices training and building capacity within your school setting.

Date: September 5, 2018

Time: 1:00 pm to 4:00 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <http://santaclara.k12oms.org/1549-154011>

Restorative Practices: International Institute for Restorative Practices (IIRP): This 2-day training will consist of "Introduction to Restorative Practice" which will help participants thoroughly understand restorative concepts and learn effective strategies for managing behavior and teaching young people to take responsibility for their actions. "Using Circles Effectively" will teach participants the value and process of circles and how to identify methods for using circles to build community, establish norms, and address behavior and improve relationships.

Dates: March 7 - 8, 2019

Time: 8:00 am to 4:00 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <http://santaclara.k12oms.org/1549-154012>

***Please note this is a private event,**

Please contact Patricia Marquez at patricia_marquez@sccoe.org or (408) 453-6530 for more information.

Foster & Homeless Youth Education

Homeless & Foster Youth Policy, Oh My! (Morning or Afternoon Options Available): This 3-hour training will provide a thorough overview of the policy implications for qualifying students and the resources they require. Training will support teams to analyze their district process, policy and structure to meet the needs of qualifying students. Upon completion, participants will be able to analyze their internal systems of support and assess the procedures that impact homeless and foster youth.

Date: September 27, 2018

Time: 8:30 am to 11:30 am or 12:30 pm to 3:30 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: Morning <http://santaclara.k12oms.org/1549-154205>

Afternoon <http://santaclara.k12oms.org/1549-154206>

Homeless & Foster Youth, A Deep Dive! This 5-hour training will provide an opportunity for district teams to get specific in the analysis, design and structure of their Multi-Tiered System of Supports alignment within the district and its school sites. In the afternoon, collaborating agencies and LEAs work together to build understanding and clarity around educational access issues that impede academic outcomes for homeless and foster youth.

Date: January 17, 2019

Time: 8:30 am to 2:30 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <http://santaclara.k12oms.org/1549-154209>

Educational Design for Homeless & Foster Youth: This 3-hour training will answer questions workshop participants have discovered throughout the year by sharing successes and challenges of policies for qualifying students. Training will provide guidance and opportunity for teams to analyze their district process and structure to meet the needs of qualifying students within a system of support. Upon completion, participants will have analyzed their internal process, identified gaps that may persist in meeting policy requirements and assessed how their systems can improve educational outcomes for homeless and foster youth.

Date: March 13, 2019

Time: 8:30 am to 11:30 am or 12:30 pm to 3:30 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: Morning <http://santaclara.k12oms.org/1549-154212>

Afternoon <http://santaclara.k12oms.org/1549-154213>

*Target Audiences: LEA Foster & Homeless Liaisons, District Office Administrators, Elementary & Secondary Administrators, Attendance & Registration Clerks, Classified Personnel, School Social Workers and Counselors. Teams of no more than 5 per district.

Please contact Robert Ruiz at robert_ruiz@sccoe.org or call (408) 453-6569 for more information.

Student Health

Comprehensive Sexual Education Network: SCCOE partners with Bay Area Communities for Health Education (BACHE) and Adolescent Pregnancy Prevention Network (APPN) to provide districts with guidance and support with AB329, the California Healthy Youth Act (CHYA). The network discusses best practices for implementing high-quality comprehensive sexuality education in compliance with CHYA, as well as other topics requested by districts.

Dates: September 26, 2018 | February 27, 2019 | April 17, 2019

Time: 9:30 am to noon

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <http://santaclara.k12oms.org/1549-153470>

Sexual Health Educator (SHE) Custom Training: The Sexual Health (SHE) Custom Training program provides a review of the common STDs for teachers and other school-community based educators. The course also includes a review of STD/HIV transmission and impact, building comfort and capacity around sexual health education, and answering difficult questions. **For more information or to register for the events below, please contact Sonia Gutierrez at sonia_gutierrez@sccoe.org or call (408) 453-6762.**

Date: September 6, 2018

Time: 8:30 am to 4:00 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: http://registration.californiaptc.com/presentation_description.html?id=223

Date: November 1, 2018

Time: 8:30 am to 4:00 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Date: January 10, 2019

Time: 8:30 am to 4:00 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Date: March 14, 2019

Time: 8:30 am to 4:00 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Just Run: JUST RUN is a youth fitness program developed by the Big Sur International Marathon. It not only promotes exercise but also good citizenship and healthy eating through Just Deeds and Just Taste features. SCCOE has partnered with the *Silicon Valley Leadership Foundation*, to provide limited funding to schools to support creating a healthy environment for their students. Teachers receive a small amount of funds to purchase PE equipment, or create a health event on campus . Participants are required to provide an end of the year presentation to share how they spent the funds to promote health to their students. **For more information or to register for the 2018-2019 school year, please contact Sonia Gutierrez at sonia_gutierrez@sccoe.org or call (408) 453-6762.**

Tobacco Use Prevention Education (TUPE) Program: Comprehensive evidence-based tobacco-use prevention, youth development, intervention, and cessation programs are an important part of this effort and an effective strategy against four of the five leading causes of death in California: heart disease, cancer, chronic obstructive lung disease, and fires caused by smoking. The TUPE Program provides support, training, technical assistance and information to districts in the development and implementation of tobacco-free policies and practices in schools.

Brief Intervention Training: Brief Intervention is an approach that uses motivational interviewing, cognitive behavior therapy and the stages of change model to meet the needs of adolescents who use alcohol and/or other drugs. School Counselors, Administrators, Educators and School Nurses are invited to attend. Priority registration is given to Tobacco Use Prevention Education (TUPE) schools. 6 CEUs are offered for RN, MFT, LCSW, LEP, LPCC by Center for Applied Research Solutions (CARS).

Date: November 13, 2018

Time: 8:30 am to 3:30 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <https://santaclara.k12oms.org/eventdetail.php?gid=1549&id=150965>

TUPE Kick Off Event/Coordinator Training: All TUPE Site Coordinators are invited to a one-day training to learn about the TUPE program, their roles on school campus, and to meet the TUPE Advisory Committee and other community based agencies to learn about the resources and services available for students, families, and community.

Date: September 18, 2018

Time: 8:30 am to 3:30 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <http://santaclara.k12oms.org/1549-150967>

California School Climate, Health and Learning Survey System (Cal-SCHLS) Workshop:

The California School Climate, Healthy, and Learning Survey System (Cal-SCHLS) encompass three individual surveys known as the California Healthy Kids Survey (CHKS), the California School Staff Survey (CSSS), and the California School Parent Survey (CSPS). This workshop is designed to ensure that the administration process of the student, staff, and parent surveys is as efficient and problem free as possible.

Date: October 9, 2018

Time: 9:00 am to 2:30 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <http://santaclara.k12oms.org/1549-150974>

Middle School Youth Conference:

For more information, please contact Sonia Gutierrez at sonia_gutierrez@sccoe.org or call (408) 453-6762.

Date: January 31, 2019

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Time: 8:00 am to 2:00 pm

Student Wellness: Mental Health and Suicide Prevention

Please contact Mego Lien, Suicide Prevention Program, Santa Clara County Behavioral Health Services, 408-885-3982 or email mego.lien@hhs.sccgov.org if you have any questions concerning the trainings below.

QPR: *Question-Persuade-Refer* are three simple steps that anyone can learn to help save a life from suicide. People trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. QPR online or QPR in Class available upon request.

ASIST: *Applied Suicide Intervention Skills Training* is a 2-day training for anyone who would like to feel more **comfortable, confident, and competent** to prevent a suicide from happening.

CEU's are offered. For more about ASIST, visit <https://www.livingworks.net/programs/asist/> National Registry of Evidence-Based Programs and Practices:

<http://nrepp.samhsa.gov/ProgramProfile.aspx?id=42#hide4>

Dates: October 10 & 11, 2018

Time: 8:30 am to 5:00 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <https://goo.gl/forms/G4jRaTjZp2oU8n0l2>

Dates: January 16 & 17, 2019

Time: 8:30 am to 5:00 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: Please contact our department at (408) 453-6569 for more information.

Dates: February 20 & 21, 2019

Time: 8:30 am to 5:00 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: Please contact our department at (408) 453-6569 for more information.

Dates: April 3 & 4, 2019

Time: 8:30 am to 5:00 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: Please contact our department at (408) 453-6569 for more information.

Dates: May 1 & 2, 2019

Time: 8:30 am to 5:00 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Drive, San Jose 95131

Registration: Please contact our department at (408) 453-6569 for more information.

Suicide to Hope: The *Suicide to Hope* training is targeted towards clinicians and other mental health professionals who have already taken a suicide-first aid course. This is a great opportunity for school counselors, educators that have already completed ASIST and other wellness staff.

Date: September 13, 2018

Time: 8:30 am to 4:30 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: <https://goo.gl/forms/slo1j66PiWity2Wm2>.

Date: May 22, 2019

Time: 8:30 am to 4:30 pm

Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131

Registration: Please contact our department at (408) 453-6569 for more information.

Youth Mental Health First Aid: Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders. This is an 8-hour training. For more information, visit:

<http://www.mentalhealthfirstaid.org/cs/take-a-course/course-types/youth/>

Date: January 9, 2019

Time: 8:00 am to 5:00 pm

Location: Community Solutions in Gilroy, 9015 Murray Ave #100, Gilroy, CA 95020

Registration: Please email Evelyn.Quintanilla@hhs.sccgov.org for more information.

Date: February 9, 2019

Time: 8:00 am to 5:00 pm

Location: Tully Community Branch, 800 Tully Road, San Jose, CA 95121

Registration: Please email Evelyn.Quintanilla@hhs.sccgov.org.

NAMI On Campus- High School Clubs Workshop: This is a crucial time raise mental health awareness and reduce stigma on school campuses. Join us, for an all-day NCHS Workshop for high school students and their advisors (must be school employees). The NCHS Club, a student-led club open to all students of all grade levels, empowers young leaders as mental health leaders and advocates who promote mental health and wellness on their respective campuses. The goal of the workshop is for students and advisors to learn information and resources to take back to their campuses and start a NCHS Club

Date: September 21, 2018

Time: 8:30 am to 3:00 pm

Location: Cambrian School District, PD Center, 4115 Jacksol Dr., San Jose CA 95124

Registration Link: <http://santaclaras.k12oms.org/1549-156479>