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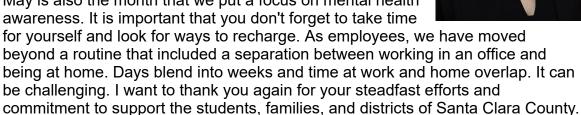


Message from the SCCOE Superintendent, Dr. Dewan

Hello everyone-

May continues to be a month of recognition and appreciation. This week we celebrate our dedicated classified employees who work tirelessly to keep our schools clean, safe, and support students and families each and every day. I am filled with gratitude for their work at our schools and the continued support they provide during our COVID-19 school closures.

May is also the month that we put a focus on mental health



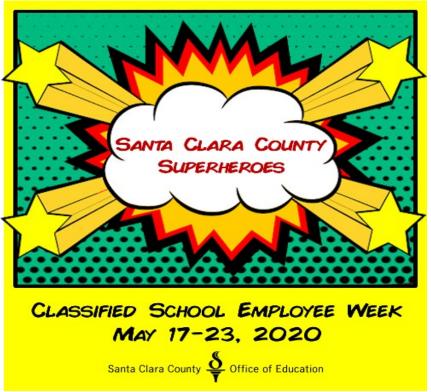
Be Well, Dr. Mary Ann Dewan County Superintendent of Schools



Resources for Schools and Districts

Classified Employee Week

Wishing all Classified Employees a wonderful week!!!



SCCOE Learning Resource Portal

Everything for teachers in one place. Learn tips and tricks for setting up virtual classrooms, access lesson resources, and take advantage of free professional learning. The resources found on the portal have been created, curated, or reviewed by the Professional Learning & Instructional Support teams at the Santa Clara County Office of Education. Please check back often on the site as these resources are updated regularly. View the site here.

CDE Webinars for Educators

To register click directly on the webinar of interest.

CSLA #BetterTogether DL (Mondays through Thursdays in May, 1 to 2 p.m.)

The California School Library Association (CSLA) is offering support on navigating distance learning (DL) in the month of May. CSLA #BetterTogether DL is designed to be interactive, providing an opportunity to share best practices as well as opportunities to learn and grow in this new learning landscape. Time is provided for Q&A. Join CSLA each Monday through Thursday from 1 to 2 p.m. throughout

the month of May.

Secondary Educators: Communicating with Families of Newcomer English Learners During Distance Learning (May 20, 2020, at 4 p.m.)

This is part of a series of webinars from the CTA, with Region 15 Comprehensive Center Network and the CDE, on supporting English learners.

<u>Fall 2020: A Discussion on the Safe Re-opening of California Schools Webinar, hosted by State Superintendent Tony Thurmond (May 21, 2020, 10 a.m.)</u>

Join State Superintendent Thurmond as he opens up the discussion around reopening schools in the fall. Learn what CDE has planned for guidance and hear directly from districts who will share their reopening plans. All LEAs from across the state are invited to participate. You must register to participate. Register in advance.

<u>Student Support Circle Webinar, hosted by State Superintendent Tony Thurmond</u> (May 21, 2020, 3 p.m.)

We know this pandemic hasn't been easy on our students. In the third offering of this support circle series, we focus on the students themselves. Join us as we hear from students across the state representing various backgrounds to shed light on their experience during COVID-19. Register in advance.

CDE Releases COVID-19 Operations Written Report Template

Please click <u>here</u> to read the COVID-19 Operations Written Report Guidelines. To access the COVID-19 Operations Written Report template click <u>here</u> and it is located under Accountability.

San Jose Public Library Information

Would you like to learn about services that San Jose Public Librarians can offer virtually? From class visits scheduled by teachers to library service updates that can be shared during parent and staff meetings, librarians can customize visits to fit your group's needs. They can join your event via Zoom, Google Hangouts, WebEx or Skype. For more information, please click on this <u>link</u>.

Upcoming live webinar series on COVID-19 Best Practices

Take advantage of these upcoming live webinars being hosted by Anthem EAP and SISC at no cost to you.

Dealing with Stress during COVID-19

May 20th, 2020

Time: 3:30pm to 4:30pm

This webinar is geared to helping people dealing with ongoing stress. As this pandemic continues it is more important than ever to understand how to manage not only our own stress but that of those around us. This webinar will provide practical strategies for identifying the symptoms of stress and keeping it under control.

Staying Social during Social Distancing

May 27th, 2020

Time: 3:30pm to 4:30pm

It is easy to start to feel isolated or lonely during these important times of social distancing. This webinar will discuss the importance of keeping your social life active and the importance of social distancing while giving you different methods of staying social while staying distant.

Public Health Updates

CDC Guidance

Emerging evidence suggests a significant number of people may be infected with COVID-19 who are asymptomatic and capable of spreading the virus to others. People are now considered to be infectious 48 hours before the start of their symptoms until their isolation period ends. This makes social distancing and frequent hand washing even more critical.

- CDC guidance: COVID-19 Symptoms
- CDC guidance:COVID-19 Protection
- CDC guidance: FAQ's

Santa Clara County Health Department

The Santa Clara County Health Department has updated **the shelter in place order on May 18th**. For guidance on the new order please click <u>here</u>.

- Santa Clara County Health Department: FAQs
- Santa Clara County Health Department: <u>COVID 19-Dashboard</u>
- Spanish
- Vietnamese

Guidance on Face Coverings

The Santa Clara County Health Department is urging the community to wear face coverings in public and when interacting with others. Using a face covering, that protects both your mouth and nose, will help to slow the spread of the Novel Coronavirus.

Please <u>click on this link</u> for more valuable information and guidance about face coverings. An emergency care doctor explains when to wear a face mask, and how to do it the right way. Watch the video here.



Social Distancing Protocols

All Essential Businesses are required to prepare, post, and implement a <u>Social Distancing Protocol</u> at each of their facilities at which they are maintaining operations. Please <u>click here</u> to read the complete order from the Santa Clara County Health Department. To help protect yourself if you are out in public remain a minimum of six feet in distance from others, use face coverings, and wash your hands as frequently as possible.

Playgrounds are Closed

Don't forget playgrounds are not open during the shelter in place. Please review the Santa Clara County Health Department order <u>click here</u>, section 13.



Resources for Families

May is Mental Health Awareness Month

Be Kind to Your Mind

Tips to cope with Stress during COVID-19

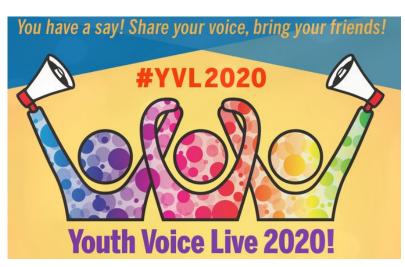
- 1. PAUSE Breathe. Notice how you feel
- 2. TAKE BREAKS from COVID-19 content
- 3. MAKE TIME to sleep and exercise
- 4. REACH OUT and stay connected
- 5. **SEEK HELP** if overwhelmed or unsafe

Santa Clara County Health Department offers more information on resources to support behavioral health. To find our more click <u>here</u>.



Youth Voice Live 2020

The purpose of Youth Voice Live is to encourage young people to become more involved in civic engagement opportunities and find their voice on issues that are important to them. We look forward to hosting a special guest speaker, Emma Gonzalez, who will kick-



off the event this Saturday, May 23rd. Youth Voice Live will continue over a series of Saturdays featuring speakers on informative topics designed to encourage and inspire. The second event in the series will be held on May 30th and the third and final, on June 6th. Please encourage students in grades 8-12 to register here. #YVL2020

Community Resources for Youth, Families, and Individuals Impacted by COVID-19

If you, a family member or someone you know has been impacted by the Novel Coronavirus (COVID-19) and need food assistance, health services, financial help, legal assistance or other support services, there are some available resources that can help. Many of the services are available to all members of our community, regardless of ability to pay or immigration status. Please click here to find out more.

Inclusion Collaborative Family Resource Chats

FREE and offered every Tuesday at 11:00 am, Inclusion Collaborative Family Resource Chats provide information to all who would like to learn more about the resources the Inclusion Collaborative provides to support student learning at

home. Experienced Inclusion Specialists will provide a variety of supports family and professionals alike can access. Please use the following <u>link</u> to learn more.

Uplift Family Services

The <u>Uplift Family Services' Mobile Crisis Team</u> provides 24-hour intervention to children and teens in the community who are in acute psychological crisis. To access the 24-hour/7 days a week crisis line call 1-408-379-9085 or call toll-free 1-877-41-CRISIS (412-7474).

Families First Coronavirus Response Act (FFCRA)

The Families First Coronavirus Response Act (FFCRA) is part of the federal government's response to the COVID-19 pandemic. For information and FAQ's about FFCRA please use the links provided. <u>Information</u> and <u>FAQ's</u>

Meal Resources for the Community

Throughout Santa Clara County there are a variety of resources available to the community. Please visit SCCOE's <u>webpage</u> to see local districts' meal distribution, as well as the City of San Jose's Silicon Valley Strong <u>page</u> that has a map of meal availability across the county.

Press Releases from the Santa Clara County Office of Education



About the Santa Clara County Office of Education

Working collaboratively with school and community partners, the Santa Clara County Office of Education (SCCOE) is a regional service agency that provides instructional, business, and technology services to the 31 school districts of Santa Clara County. The County Office of Education directly serves students through special education programs, alternative schools, Head Start and State Preschool programs, migrant education, and Opportunity Youth Academy. The SCCOE also provides academic and fiscal oversight and monitoring to districts in addition to the 22 Santa Clara County Board of Education authorized charter schools.









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