Santa Clara County Office of Education Weekly Round-Up COVID-19

EQUITY | DIVERSITY | INCLUSION | PARTNERSHIP

Message from the SCCOE Superintendent, Dr. Dewan

Hello everyone-

May is a month filled with appreciation. I want to take this time to express how grateful I am of the work that is done day in and day by each of you. This week I am especially filled with gratitude that we have a county filled with phenomenal teachers and school nurses. Acknowledging their efforts this week is well deserved and timely. For those who are teachers during school closure, developing distance learning curriculum, having students continue to attend online, and keeping them engaged with their work, your efforts are nothing short of amazing. We acknowledge and



salute all teachers, present and past. We also honor our school nurses who work hard to keep us safe and health-informed in and out of the classroom.

Be Well,

Dr. Mary Ann Dewan County Superintendent of Schools

Resources for Schools and Districts

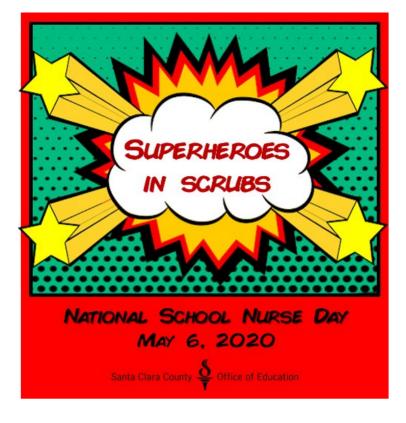
Teacher Appreciation Week May 4th-8th!!

Thank you for all you do everyday to support and enrich the lives of the students you serve. Please check out our social media posts this week to honor teachers in the county.



National School Nurse Day! May 6, 2020

We appreciate all you do to keep everyone healthy and safe!! Please check out our social media posts this week to honor school nurses in the county.



Upcoming live webinar series on COVID-19 Best Practices

Take advantage of these upcoming live webinars being hosted by Anthem EAP and SISC at no cost to you.

Best Practices for Working Remotely During COVID-19

Date: May 13, 2020

Time: 3:30pm to 4:30pm

Learning to work from home 100% of the time will require adaptability and a new set of skills. This webinar will outline strategies for communication, productivity, and time management all within the context of working from your home environment. Discussions will include how to work around your children, how to manage distractions and how to cope with the unique emotional pressures of working away from the office.

Dealing with Stress during COVID-19

May 20th, 2020

Time: 3:30pm to 4:30pm

This webinar is geared to helping people dealing with ongoing stress. As this pandemic continues it is more important than ever to understand how to manage not only our own stress but that of those around us. This webinar will provide practical strategies for identifying the symptoms of stress and keeping it under control.

May 27th, 2020 Time: 3:30pm to 4:30pm It is easy to start to feel isolated or lonely during these important times of social distancing. This webinar will discuss the importance of keeping your social life active and the importance of social distancing while giving you different methods of staying social while staying distant.

Public Health Updates

CDC Guidance

Emerging evidence suggests a significant number of people may be infected with COVID-19 who are asymptomatic and capable of spreading the virus to others. People are now considered to be infectious 48 hours before the start of their symptoms until their isolation period ends. This makes social distancing and frequent hand washing even more critical.

- <u>CDC guidance:COVID-19 Symptoms</u>
- <u>CDC guidance:COVID-19 Protection</u>

Santa Clara County Health Department

The Santa Clara County Health Department has **extended the shelter in place to May 31st.** For guidance on the new order please click <u>here</u>. For an overview of changes click <u>here</u>.

- Santa Clara County Health Department: FAQs
- Santa Clara County Health Department: <u>COVID 19-Dashboard</u>
- <u>Spanish</u>
- <u>Vietnamese</u>

Guidance on Face Coverings

The Santa Clara County Health Department is urging the community to wear face coverings in public and when interacting with others. Using a face covering, that protects both your mouth and nose, will help to slow the spread of the Novel Coronavirus.



Please <u>click on this link</u> for more valuable information and guidance about face coverings.

Social Distancing Protocols

All Essential Businesses are required to prepare, post, and implement a <u>Social</u> <u>Distancing Protocol</u> at each of their facilities at which they are maintaining operations. Please <u>click here</u> to read the complete order from the Santa Clara County Health Department. To help protect yourself if you are out in public remain a minimum of six feet in distance from others, use face coverings, and wash your hands as frequently as possible.

Playgrounds are Closed

Don't forget playgrounds are not open during the shelter in place. Please review the Santa Clara County Health Department order <u>click here</u>, section 13.



Resources for Families

Community Resources for Youth, Families, and Individuals Impacted by COVID-19

If you, a family member or someone you know has been impacted by the Novel Coronavirus (COVID-19) and need food assistance, health services, financial help, legal assistance or other support services, there are some available resources that can help. Many of the services are available to all members of our community, regardless of ability to pay or immigration status. Please click here to find out more.

Stanford Medicine offers high-priority COVID-19 testing and new app to first responders

Stanford Health Care has begun offering priority drive-through COVID-19 testing to police, firefighters and paramedics in Santa Clara and San Mateo counties. To find our more click <u>here.</u>

SCCOE Announces New Online Portal for Essential Workers to Access Childcare

Santa Clara County Office of Education (SCCOE) in partnership with county and city leaders, community organizations and agencies throughout Santa Clara County has announced a <u>new online portal</u> to provide essential workers, as defined by the Santa Clara County Department of Public Health, access to childcare during the <u>shelter-in-place order</u>.

Inclusion Collaborative Family Resource Chats

FREE and offered every Tuesday at 11:00 am, Inclusion Collaborative Family Resources Chats provide resources to all who would like to learn more about the resources the Inclusion Collaborative provides to support student learning at home. Experienced Inclusion Specialists will provide a variety of resources and supports family and professionals alike can access. Please use the following <u>link</u> to learn more.

May is Mental Health Awareness Month

Established in 1949, the goal of Mental Health Awareness Month to fight the stigma attached to mental illness, provide support, and educate our communities about mental health. It also aims to draw attention to suicide, which can be triggered by some mental illnesses. With almost 450 million people currently living with a mental illness, worldwide, May is also a reminder about the importance of policy advocacy, for persons with mental illness and their families. We, along with countless partners and organizations like <u>Santa Clara County Behavior Health</u> <u>Services</u>, <u>Santa Clara County Suicide Prevention & Crisis</u>, <u>National Alliance for the Mentally III (NAMI) Santa Clara</u>, and <u>Anxiety and Depression Association of America</u> (ADAA), encourage you to join us as we #BreakTheStigma surrounding mental illness within our society.



Uplift Family Services

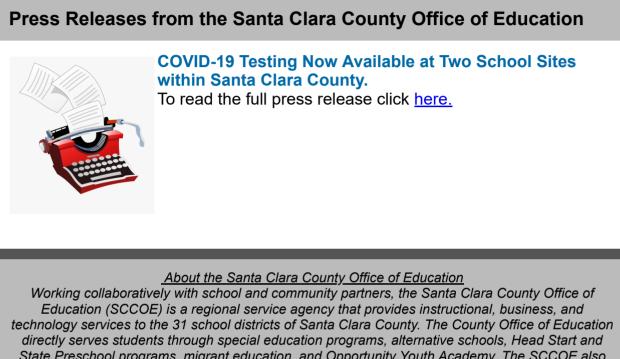
The <u>Uplift Family Services' Mobile Crisis Team</u> provides 24-hour intervention to children and teens in the community who are in acute psychological crisis. To access the 24-hour/7 days a week crisis line call 1-408-379-9085 or call toll-free 1-877-41-CRISIS (412-7474).

Families First Coronavirus Response Act (FFCRA)

The Families First Coronavirus Response Act (FFCRA) is part of the federal government's response to the COVID-19 pandemic. For information and FAQ's about FFCRA please use the links provided. <u>Information</u> and <u>FAQ's</u>

Meal Resources for the Community

Throughout Santa Clara County there are a variety of resources available to the community. Please visit SCCOE's webpage to see local districts' meal distribution, as well as the City of San Jose Silicon Valley Strong page that has a map of meal availability across the county.



State Preschool programs, migrant education, and Opportunity Youth Academy. The SCCOE also provides academic and fiscal oversight and monitoring to districts in addition to the 22 Santa Clara County Board of Education authorized charter schools.



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