<u>View in browser</u> share this



Message from the County Superintendent of Schools, Dr. Dewan

Greetings everyone,

It's that time of year when celebrations, family gettogethers, and holiday preparations are upon us. Many in our community view Halloween and Día de Los Muertos as the kick-off to the season; the Santa Clara County Public Health Department offers these tips and safety guidance for keeping everyone safe while having fun.

Daylight Saving Time ends on **Sunday**, **November 1**, at 2:00 a.m. On Saturday night, please remember to set your clocks back one hour (i.e., gaining one hour) to "fall back." This is also a good time to check batteries in smoke alarms and replace them.



Polling and ballot drop-off services are available at the Santa Clara County Office of Education's Ridder Park campus beginning Saturday, October 31, and continuing until Tuesday, November 3. COVID-19 safety protocols will be followed, including physical distancing and the requirement of a face covering. The hours the polls will be open are:

- Saturday, October 31, 9:00 a.m. 5:00 p.m.
- Monday, November 2, 9:00 a.m. 5:00 p.m.
- Tuesday, November 3, 7:00 a.m. 8:00 p.m.

As we all continue to practice safety and wellness, it is important to acknowledge that this week is <u>National Red Ribbon Week</u>. This year's theme, "Be Happy, Be Brave, Be Drug Free!" is an invitation to engage in conversations about the importance of staying healthy and drug-free. Our SCCOE Tobacco Use Prevention Education Program (TUPE) team has prepared a variety of educational resources to promote healthy living that one can access by visiting the TUPE website.

Lastly, as part of our effort to help keep our community safe and healthy, the SCCOE is excited to present the <u>Stronger Together Public Service</u>

<u>Announcement Video Series</u>. The series includes short videos that address topics such as conducting a personal COVID-19 symptom self-check, protecting yourself from the spread of the coronavirus, and the importance of getting tested.

A playlist has been created on the SCCOE YouTube Channel, and additional PSA videos will be regularly added - be sure to bookmark it.

I encourage you to continue to prioritize and tend to your self-care and your loved ones' well-being so that everyone remains healthy during the holiday celebrations. Remember, we are stronger together.

Be well, Mary Ann Dewan, Ph.D. County Superintendent of Schools

Public Health Updates

Stronger Together PSA Series

The Santa Clara County Office of Education (SCCOE) <u>Stronger Together public service announcements (PSAs) series</u> highlights actions everyone can take to further prevent the spread of the virus. The videos, and their useful information, will be added regularly. So, be sure to check back often.



Healthy and Safe Celebrations - COVID-19 Style

Looking for something to post, to remind friends and neighbors to celebrate safely, this weekend? Feel free to download the graphics shown here! Click the link below each picture.



Click to download "Fangs a Lot"



Click to download "Halloween Is Here"

Blueprint for a Safer Economy

The County of Santa Clara's <u>Revised Risk Reduction Order</u>, associated with the Orange Tier, went into effect on October 13. While several additional activities and business operations have been able to resume, the Orange Tier **does not mean** that the Public Health Officer considers all open activities to be safe.



COVID-19 continues to pose a severe risk to residents of Santa Clara County; residents are urged to be vigilant and maintain risk-reducing precautions, such as physical distancing and wearing face coverings properly.

Click here for specific details.

As winter quickly approaches, there is no time like the present to get tested for COVID-19!

SCCPHD offers free testing in each city in Santa Clara County one to two weekdays per month. The sites are appointment-based, allowing for a fast testing experience. The County Fairgrounds site offers large capacity appointment-based drive-through testing and is open on Saturdays. Details for each testing site and upcoming testing dates can be found at SCCFreeTest.org.

The Santa Clara County Public Health Department (SCCPHD) recommends that educators and other school staff who are working on-site, and have frequent interactions with students or the public, take a COVID-19 test and have the results prior to returning to the site. Educators and other school staff are also encouraged to participate in surveillance testing at a cadence of at least once a month. Testing can be accessed through one's healthcare facilities for more information click here. Symptom-free essential workers who are unable to receive testing from their healthcare provider can inform the SCCPHD by visiting sccCOVIDconcerns.org.

This post was reviewed by the PHD Emergency Operations Center.

Flu Shot Clinic

Flu shots are even more important this year with COVID-19 also circulating widely in Santa Clara County. Everyone 6 months and older needs a flu shot each year, and now is the time to get yours. Get your flu shot right away to prevent catching the flu and spreading it to teachers, classmates, coworkers, family members, and people in your household.

The Santa Clara County Public Health Department offers many opportunities; no appointment or health insurance is needed. There are no fees. Everyone is welcome regardless of immigration status or where you live.

Featured Location:

Santa Clara County Fairgrounds: Car entrance for general parking Gate D 2542 Monterey Road, San Jose, CA 95111 Saturdays, 9 a.m. - 4 p.m.

Shots available at this location for everyone 3 years and older. Children age 3-17 must be accompanied by a guardian. Children between six (6) months and three (3) years old should get the flu vaccine and other scheduled vaccinations through a health care provider.

Get Free
Flu Shots at the
Fairgrounds
Every Saturday
9 am - 4 pm
sccphd.org/flu

More information and other locations for free flu shots: English <u>sccphd.org/flu</u>, Spanish <u>sccphd.org/flu-es</u>, Vietnamese <u>sccphd.org/flu-vi</u>, or telephone 2-1-1.

Resources for Schools and Districts



Be sure to visit the SCCOE's <u>The Stronger Together website</u> for the latest information as it becomes available. Resources are available for districts, school sites, and the greater community.

Upcoming Webinars:



There is still time to support October's Dyslexia Awareness Month. Educators can register for *Understanding & Recognizing Dyslexia for California Educators, a* free online course for all California educators and administrators. The course will be available until October 31.

If you have any questions, please email Richard Gifford at rgifford@cde.ca.gov or Jen Buzolich at jbuzolich@cde.ca.gov.

Resources for Families



Bay Area Tutoring Association is pleased to announce the **COVID-19 BLM Online Tutoring Pod Program Pilot.** The online, six-week-long pilot program will begin on November 9 and consist of 80 students from grades 1-12th of African

ancestry whose parents are in the healthcare field, essential workers, civil servants, and teachers. Students will have round-the-clock access to support for homework, college readiness, cultural enrichment, and other activities from tutors from HBCU's, Stanford, SJSU, and other regional partners. For more information click here.

City of San José Child Care Scholarship Program

FIRST 5 Santa Clara County and the City of San José are proud to announce the release of the City of San Jose Child Care Scholarship Program Application for families. This program will provide up to 40 scholarship opportunities to families who meet the following criteria:

- were affected by COVID-19;
- meet the income eligibility requirements that would qualify them as a "gap-family" according to the Housing Urban Development (HUD):
- have a child under the age of six who is in need of highquality childcare; and
- · resides in the City of San José.

For more information on this program click here.



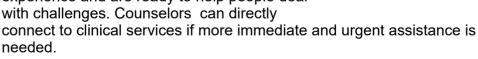
California

HOPE

CalHOPE Behavioral Resources

The pandemic has brought attention to issues associated with children's sensitivity to stress. A key ingredient to successfully managing stress is a healthy caregiver. The following resources are available to support students and families:

- The Playbook for Stress Relief for Caregivers and Kids during COVID-19, can be accessed from the covid19.ca.gov website.
- The **Together for Wellness** website, features evidence-based tools to help parents and children manage stress, and resources to support families.
- The CalHOPE Warm Line (833-317-4623) has peer counselors ready to listen, problemsolve, and connect people to resources. This is not a crisis line, but counselors with lived experience and are ready to help people deal with challenges. Counselors can directly



Announcements



Santa Clara County Board of Education approves resolution honoring

Indigenous People/Native Americans to view the news release, click here.

October is <u>National Physical Therapy Month</u>. Take a moment to celebrate
the physical therapists that work with our special education department are
treasured members of the team as they assist our students in reaching
their maximum potential.



About the Santa Clara County Office of Education

Working collaboratively with school and community partners, the Santa Clara County Office of Education (SCCOE) is a regional service agency that provides instructional, business, and technology services to the 31 school districts of Santa Clara County. The County Office of Education directly serves students through special education programs, alternative schools, Head Start and State Preschool programs, migrant education, and Opportunity Youth Academy. The SCCOE also provides academic and fiscal oversight and monitoring to districts in addition to the 22 Santa Clara County Board of Education authorized charter schools.









Subscribe to the SCCOE Weekly COVID-19 Roundup.

1290 Ridder Park Drive San Jose, CA 95131

To learn why you received this and how to remove yourself from the list, see Privacy Policy Review/edit information about you | Unsubscribe

Generated by

