



Message from Dr. Mary Ann Dewan, County Superintendent of Schools

Dear Santa Clara County Community,

The pressures of everyday life can feel all-encompassing and overwhelming. Stress is something that affects all ages.

According to the American Institute of Stress, 57% of Americans reported feeling paralyzed by their stress. This is more concerning when considering data from the American Psychological Association which found that youth reported stress levels that are approximately equal to adults with increased stress during the school year.

The Santa Clara County Office of Education (SCCOE) is an advocate for the health and well-being of all youth. The SCCOE offers technical support to school sites to support student mental and physical wellness. To learn more about the Youth Health and Wellness Department, visit: <https://sccoe.to/SCCOEyhw>

Student wellness centers feature resources such as trained staff to assist students, calming spaces, and facilitated activities to promote mental peace. The SCCOE also offers a virtual calming space with guided meditation, coloring, games, puzzles, and more. To enter the SCCOE Virtual Calming Space, visit: <https://sccoe.to/VirtualCalmingSpace>

Animated storybooks that highlight the resources student wellness centers offer are also available in multiple languages.

- English: <https://sccoe.to/EnglishAlejandroVisitsTheWellnessCenter>
- Spanish: <https://sccoe.to/SpanishAlejandroVisitsTheWellnessCenter>
- Vietnamese: <https://sccoe.to/VietnameseAlejandroVisitsTheWellnessCenter>

Life can be overwhelming. By supporting and advocating for one another, we can help alleviate the stress of others and create spaces for everyone to thrive.



Mary Ann Dewan, Ph.D.
County Superintendent of Schools

We are #StrongerTogether.

Be well,

Mary Ann Dewan, Ph.D.
County Superintendent of Schools

SCCOE News



Visit the [SCCOE Newsroom](#) for the latest news and updates.

- [SCCOE YouTube Channel](#)

Join the SCCOE Team

**Join our
TEAM!**

#WeAreSCCOE

WE ARE
HIRING

Santa Clara County  Office of Education



BECOME A PART OF **OUR** STORY

Visit the [SCCOE Job Opportunities Page](#) for the latest information and job postings.

Substitute:

- [Substitute Paraeducator, Alternative Education](#)

Classified:

- [Associate Teacher, Infant/Toddler - Educare](#)

Certificated:

- [School Nurse ***Signing Bonus***](#)

Community News and Resources



College Day: How to Find a College That Fits

The Santa Clara County Library District will host an online event titled College Day: How to Find a College That Fits. In this event, attendees will learn more about how to find a college that fits their needs. This event is on November 7 from 6 p.m. to 7:30 p.m.

To learn more, visit: <https://sccl.bibliocommons.com/events/651f016d2d0219cf8b5f58f0>



California Kit for New Parents

FIRST 5 of California offers free kits for New Parents. These kits contain parent guides, number touch-and-feel books, "What To Do When Your Child Gets Sick" book, and more. Kits are available in English, Spanish, Chinese, Korean, and Vietnamese.

To order your free kit, visit: <https://first5parentingkits.com/>



California State Park Adventure Pass

Fourth graders are able to visit 19 state parks for free with the California State Park Adventure Pass. Parents of fourth grade students can sign up for the pass on behalf of their student.

For more information, visit: <https://www.parks.ca.gov/adventurepass>

School District News and Resources



Grant Opportunities for Educators

Educators are encouraged to view the grant opportunities available to them.

To view them, visit: <https://sccoe.to/GrantOpportunitiesforEducators>



School Safety Plan Webinar

The SCCOE is hosting 2023 School Safety Plan Webinar on November 2 from 9 a.m. to 12 p.m. This webinar will provide an overview of the current California mandates for school safety planning, provide strategies by sharing tools to integrate safety planning into all school improvement efforts based on Ed Code, and highlight opportunities to use the Multi-Tiered System of Supports (MTSS) framework in strengthening school safety. District and Site Administrators and staff responsible for developing and implementing a school safety plan are encouraged to attend this webinar.

To register, visit <https://sccoe.to/school-safety-plan>

Transformational Learning Communities (TLCs)

for California Community Schools Partnership Program (CCSPP) grantees in the Bay Area region

(Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, Santa Clara, and Sonoma counties)



Transformational Learning Communities

The SCCOE is hosting virtual Community Schools Transformational Learning Communities (TLCs) for both CCSP Year One Grantees and CCSP Planning Year Two and Implementation Grantees. These free opportunities for collective learning on community schools presentations are free and hosted on Tuesdays from 9 a.m. to 11 a.m.

Year One Grantees can join the virtual meeting on November 7.

Year Two and Implementation Grantees can join the virtual meeting on November 28.

To learn more, visit: www.sccoe.org/yhw/community

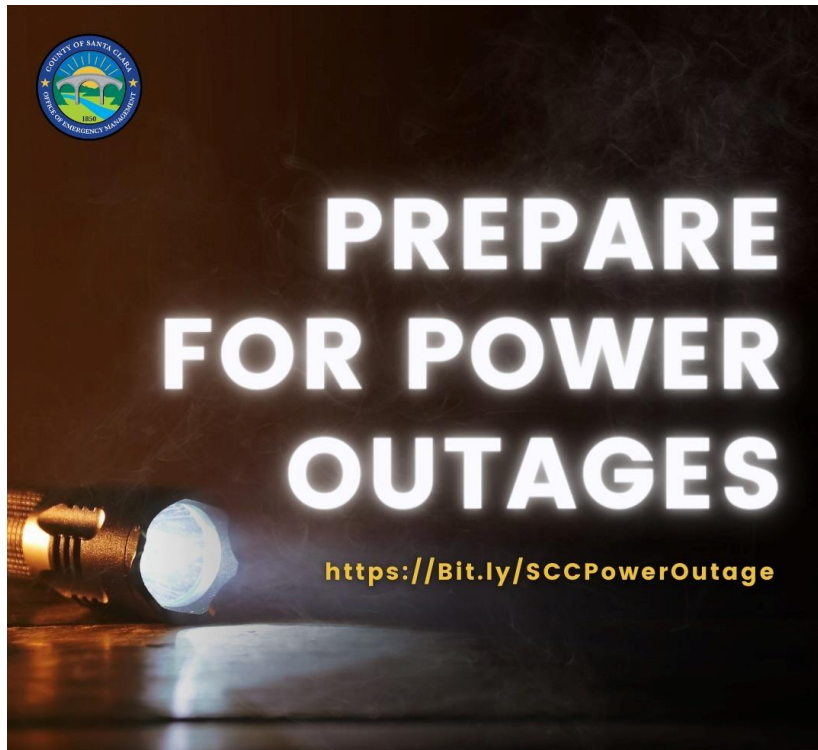
Health and Wellness



Social Media and Youth Mental Health Q&A Portal

The American Academy of Pediatrics is hosting an online Q&A regarding social media and youth mental health. This portal contains questions submitted by others for all age groups and it contains an opportunity for individuals to submit their own questions.

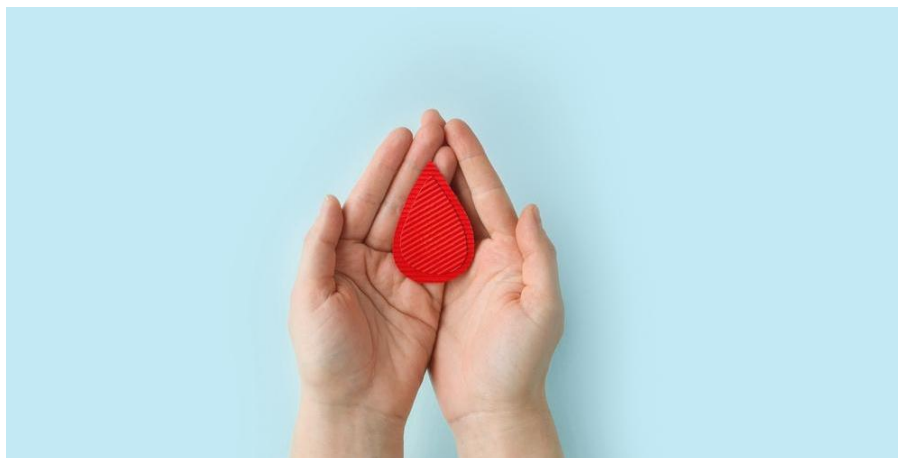
To learn more or view, visit: <https://www.aap.org/en/patient-care/media-and-children/center-of-excellence-on-social-media-and-youth-mental-health/social-media-and-youth-mental-health-q-and-a-portal>



Power Outages

During months when the risk of wildfire is high or periods of extended drought, Santa Clara County is at risk of wildfire and a Public Safety Power Shutoff. The Santa Clara County Office of Emergency Management has provided information and resources for residents to prepare for power outages.

To view the resources, visit: <https://Bit.ly/SCCPowerOutage>



Blood Donation

The California Department of Public Health encourages individuals to donate blood. Donating blood can help those who need it most.

To find a location near you, visit: <https://www.aabb.org/for-donors-patients/give-blood>

About the Santa Clara County Office of Education

Working collaboratively with school and community partners, the Santa Clara County Office of Education (SCCOE) is a regional service agency committed to serving, inspiring, and promoting student and public school success. The SCCOE is a premier service organization driven by the core principles of equity, diversity, inclusion, and partnership. For more information about the Santa Clara County Office of Education, please visit www.sccoe.org and follow us @SCCOE on [Facebook](#), [Instagram](#), and [LinkedIn](#).

Follow us on Social Media



[Subscribe](#) to the SCCOE IMPACT Weekly.

*You are receiving this email because you opted in to receive updates from SCCOE Media & Communications.
Click below to unsubscribe at any time.*

Santa Clara County Office of Education | 1290 Ridder Park Drive, San Jose, CA 95131

[Constant Contact Data Notice](#)

Sent by communications@sccoe.org powered by

