



## Message from Dr. Mary Ann Dewan, County Superintendent of Schools

Dear Santa Clara County Community,

September is recognized as Suicide Prevention Month, a time to bring awareness to warning signs and share resources that prevent suicide and prioritize mental health and wellness.

The National Alliance on Mental Illness (NAMI) completes research to provide up-to-date information about mental health concerns such as suicide. Suicide is the second leading cause of death in youth 10-14 years old and the third leading cause of death for people aged 15-24. Additionally, 45% of LGBTQ+ youth experience suicidal thoughts. According to Senate Bill 224, each school site serving youth in grades 6 to 12 to receive age-appropriate information about how to receive mental health services. To learn more or view sample posters, visit: <https://www.cde.ca.gov/ls/mh/index.asp>

The Santa Clara County Office of Education (SCCOE) invests in the health and wellbeing of youth in Santa Clara County with initiatives focused on prevention, early intervention and the expansion of school-based services. The SCCOE hosts a virtual calming room for youth, families and staff in Santa Clara County to support their mental health. To visit the virtual calming room or learn more, visit <https://sccoe.to/VirtualCalmingSpace>

To prevent the loss of life, it is critical to understand the warning signs. Warning signs can include aggressive behavior, dramatic mood swings, impulsive or reckless behavior, and more. To learn more, visit: <https://www.nami.org/About-Mental-Illness/Common-with-Mental-Illness/Risk-of-Suicide>

Additionally, it is important to prepare for a potential crisis. NAMI has a guide for how to handle a mental health emergency. To view the guide, visit: <https://nami.org/Support-Education/Publications-Reports/Guides/Navigating-a-Mental-Health-Crisis>

Should you, a family member, or a fellow community member experience a mental health crisis, there is help. Please call or text



**Mary Ann Dewan, Ph.D.**  
County Superintendent of  
Schools

9-8-8 immediately. Support is also available by visiting [www.988lifeline.org](http://www.988lifeline.org)

When we are educated about these kinds of concerns, we can better protect our loved ones.

We are #StrongerTogether.

Be well,

**Mary Ann Dewan, Ph.D.**  
County Superintendent of Schools

## SCCOE News



Visit the [SCCOE Newsroom](#) for the latest news and updates.

- [Symposium Addresses Housing Resources Available for Educators](#)

## Community News and Resources



*Inclusion Collaborative Annual Conference*

The Inclusion Collaborative State Conference is a hybrid, 3-day professional development opportunity focused on creating or enhancing equity, diversity, and inclusive practices. It is

focused on all individuals involved in the care and education of individuals up to age 24, with or without disabilities.

To learn more, visit: [bit.ly/2023ICSC](https://bit.ly/2023ICSC)

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*SCCOE's Educator Workforce Pathways*

The SCCOE has opportunities to advance your career with new credential options. Educator Workforce Pathways offers one on one support to help individuals secure grants and other funding opportunities to further their education.

To learn more, visit: <https://www.sccoe.org/educator-preparation-programs/Pages/ewp.aspx>

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*Palo Alto University PhD in Counselor Education and Supervision*

Palo Alto University now has a program for students to earn a PhD in Counselor Education and Supervision, the first of its kind in the state. This is designed for professional counselors who are interested in becoming higher level supervisors, clinician, administrators, and more.

There will be a virtual informational session held from 12 p.m. to 1 p.m. To register, visit: <https://go.paloaltou.edu/cesprogramoverviewregistration/inquiryform>





*Educator Preparation Programs*

The SCCOE's Educator Preparation Program (EPP) is seeking applications for programs listed below:

- Clear Administrative Services Credential (CASC): September 30, 2023

The EPP is an SCCOE program to guide educators to achieve credentials. There are opportunities to receive financial support which the EPP can support with.

To learn more or apply, visit: <https://eppscholar.sccoe.org/other/applications.jsp>



*ArtsEdConnect Grant*

Applications are still being accepted for the ArtsEdConnect program, which awards grants to teachers in public and charter schools in Santa Clara County, subject to district approval.

Teachers can use the grants to take students on arts field trips, bring artists into the classrooms, fund student performances, and create various art projects that foster creativity, innovation exploration, self-expression, and social and emotional learning. Learn more here, <https://youtu.be/NvNwKxXIP0>

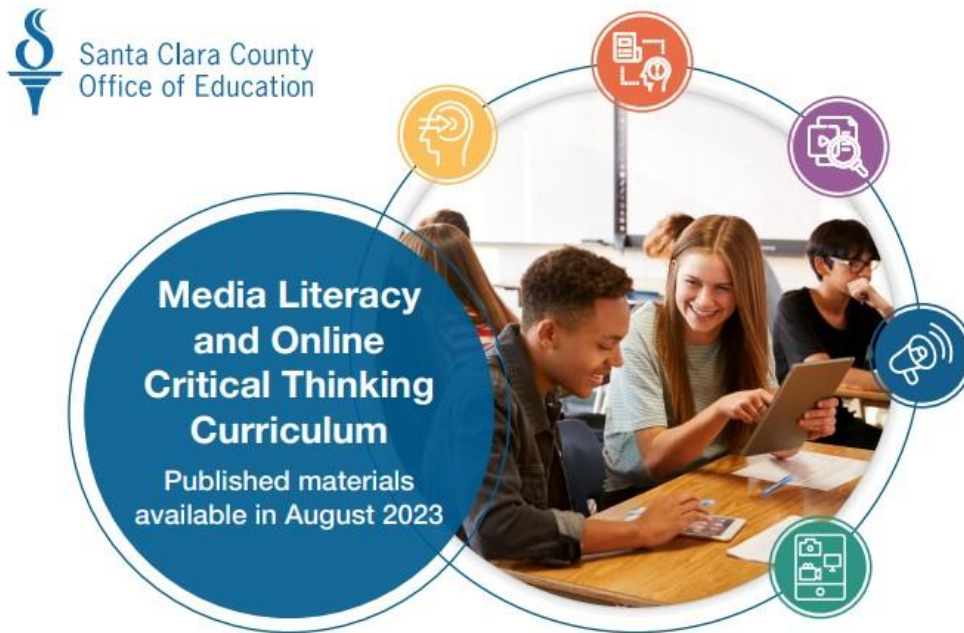
This year, the program offers three grant options:

1. Arts Experiences Grant – up to \$2,500 per teacher
2. Arts Materials and Supplies Grant – up to \$500 per teacher
3. Arts Experiences & Materials Grant – up to \$3,000 per teacher

The grant application closes on October 10.

For more information about the grants and eligibility, and to apply, please visit:

[www.sccoe.org/arts/artsedconnect](http://www.sccoe.org/arts/artsedconnect)



*Media Literacy and Online Critical Thinking Curriculum*

The SCCOE has released a guidebook for adults to teach youth about social justice-centered media literacy. This material is free and available in both English and Spanish.

To learn more or view the guidebook, visit: <https://sccoe.to/medialit>



*Grant Opportunities for Educators*

Educators are encouraged to view the grant opportunities available to them.

To view them, visit: <https://sccoe.to/GrantOpportunitiesforEducators>

## Health and Wellness

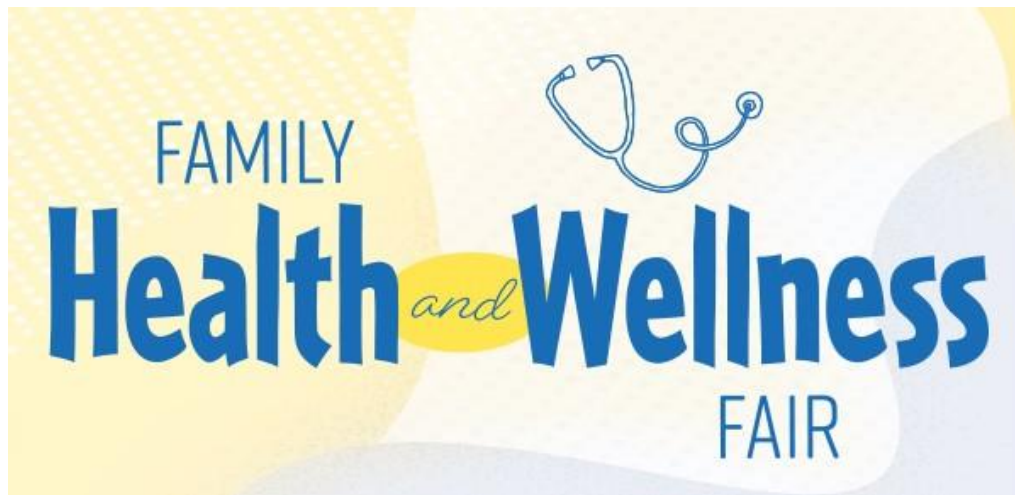


*Order Free COVID-19 At-Home Tests*



Prepare for the upcoming cold and flu season by having COVID-19 tests available for every person in your family for free. Every household in the U.S. is eligible to order up to 4 free home tests. If you already ordered in the past, you can get more. Order today! <https://www.covidtests.gov/>

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*Family Health and Wellness Fair*

Assemblymember Marc Berman is hosting a family health and wellness fair on September 30 from 1 p.m. to 4 p.m. at Castlemont Elementary School located at 3040 E Payne Ave, Campbell, CA. This fair will feature free groceries, school supplies and backpacks, snacks, flu shots and more. There will also be onsite free health screenings for children and adults.

To learn more, visit: <https://a23.asmdc.org/event/20230930-family-health-and-wellness-fair>

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*Public Health Hub: Resource Fair*

Santa Clara County Public Health will host a family-friendly event hosted at 1775 Story Road #120, San Jose on October 27. This event will feature free dental screenings for children 0-18 years old, free food boxes, free flu and COVID-19 vaccines, free COVID-19 test kits and other resources.

For more information, email [covid19communityengagement@phd.sccgov.org](mailto:covid19communityengagement@phd.sccgov.org)

### **About the Santa Clara County Office of Education**

Working collaboratively with school and community partners, the Santa Clara County Office of Education (SCCOE) is a regional service agency committed to serving, inspiring, and promoting student and public school success. The SCCOE is a premier service organization driven by the core principles of equity, diversity, inclusion, and partnership. For more information about the Santa Clara County Office of Education, please visit [www.sccoe.org](http://www.sccoe.org) and follow us @SCCOE on [Facebook](#), [Instagram](#), and [LinkedIn](#).

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