



## IMPACT Weekly

March 26, 2025

Just as education nurtures the mind, spending time in nature can restore and rejuvenate it, providing a wide range of physical and mental health benefits. Research shows that spending just two hours per week outdoors – whether all at once or spread across multiple days – can improve brain function, mood, and emotional well-being.

You do not need to travel far for your next outdoor adventure, with the Santa Clara County Parks system featuring [28 regional parks](#) offering a wide range of outdoor and educational activities, including hiking, fishing, disc golf, playgrounds, and more.

Educators of students in grades K-6 can apply for [field trip opportunities](#) by submitting a request at least three weeks in advance.

Santa Clara County is home to three outdoor gems, [Magical Bridge Morgan Hill](#), [Rosicrucian Park](#) and the [Municipal Rose Garden](#). Magical Bridge Morgan Hill is the first inclusive playground in the area between San Jose and Salinas. At Rosicrucian Park, visitors can explore gardens and admire the Rosicrucian Egyptian Museum's architecture, while the nearby Municipal Rose Garden has more than 3,500 plantings across five-plus acres, earning it the title of "America's Best Rose Garden." Together, these landmarks offer a peaceful retreat blending history, culture, and natural beauty, offering visitors a chance to enjoy the outdoors without leaving the city.

Whether you're hiking into a remote area or taking a stroll at your local park, we encourage you to step outside and enjoy the many physical and mental health benefits that nature has to offer.

## Community News and Resources

# ENVIRONMENTAL LITERACY SUMMIT

**PATHWAYS TO A SUSTAINABLE FUTURE:**  
Learning, Leading, and Living for Change

**April 5, 2025**



**Registration now open!**  
<https://sccoe.to/ELS2025>

*4th Annual Environmental Literacy Summit*

Join us for the 4th Annual Environmental Literacy Summit on April 5, 2025, from 8:00 AM to 2:00 PM at the Santa Clara County Office of Education.

This year's theme, Pathways to a Sustainable Future: Learning, Leading, and Living for Change, features keynotes by José G. González, Founder of Latino Outdoors, Co-Founder of the Outdoorist Oath, and Equity Officer for the East Bay Regional Park District, and Rob Wade, Outdoor Education Coordinator for Plumas Unified School District and Founder and Coordinator of Learning Landscapes.

Enjoy interactive workshops and connect with community-based partners driving environmental literacy and stewardship.

Register at [sccoe.to/ELS2025](https://sccoe.to/ELS2025) or visit [sccoe.to/EnvLitSummit](https://sccoe.to/EnvLitSummit) for more information.

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# LAW DAY 2025 VIDEO CONTEST

Presented by the Superior Court of  
California, County of Santa Clara & The  
Santa Clara County Bar Association

*Law Day 2025*

The Superior Court of California, County of Santa Clara, in collaboration with the Santa Clara County Bar Association, proudly presents the Law Day 2025 Video Contest under the theme "The Constitution's Promise: Out of Many, One." This annual event aims to engage and inspire our community's youth, ages 12 to 20, to participate actively in democracy by exploring and expressing their perspectives on fundamental questions about the democratic process.

Submissions are due March 31, 2025.

To learn more, visit: <https://santaclara.courts.ca.gov/general-information/news-media/law-day>.

**SCCOE Events and Resources**



## LOCAL CRITERIA FOR THE STATE SEAL OF CIVIC ENGAGEMENT

*California State Seal of Civic Engagement (SSCE)*

Are your students eligible for the California State Seal of Civic Engagement (SSCE)? Explore the local Santa Clara County criteria for students based on the California Department of Education criteria for 11th and 12th graders to earn the SSCE by demonstrating excellence in civics education and participation, and an understanding of the United States Constitution, the California Constitution, and the democratic system of government.

Upon completion of the form, those who submit will receive confirmation and a formal invitation to the celebration event on May 19, 2025.

For more information, visit: <https://www.sccoe.org/history/Pages/State-Seal-of-Civic-Engagement.aspx>

To report your student completion, visit: [https://docs.google.com/forms/d/e/1FAIpQLScUf2-c8abklo-64h91F6AKf\\_S9bTPNLEX345JkjKji7LV9zQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLScUf2-c8abklo-64h91F6AKf_S9bTPNLEX345JkjKji7LV9zQ/viewform)

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# INNOVATIONS COLLABORATIVE

*2025 Innovations Collaborative Conference*

Save the date! The 12th Annual Innovation Collaborative Conference will return on October 20-22, 2025.

For more information, visit: <https://sccoe.to/2025ICSC>

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*SCCOE's Parent Education Night*

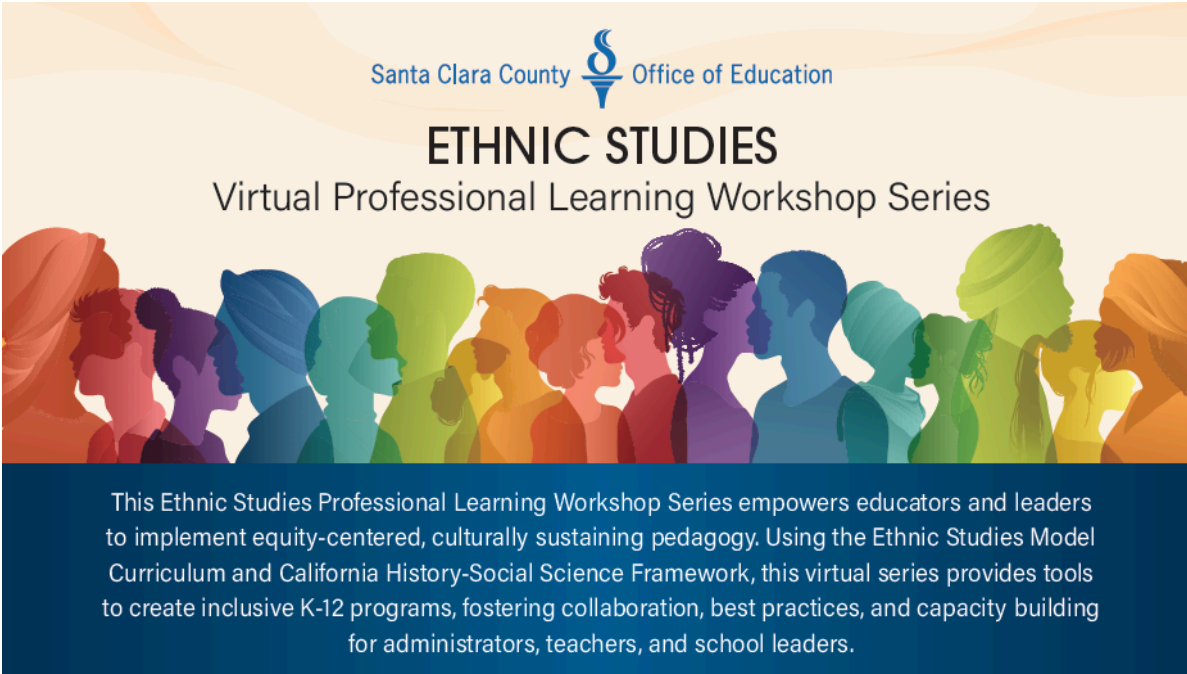
Join the SCCOE's Parent Education Night and learn the harmful effects of vaping and cannabis



on adolescent health. This session will provide parents, guardians, and caregivers with essential knowledge and resources to guide and support your children in making informed decisions. Learn strategies for starting conversations about these issues and connect with other parents dedicated to fostering a healthier environment for our youth.

- English and Spanish session on April 2, 2025, from 5:30 to 7:30 p.m. at SCCOE, at 1290 Ridder Park, San Jose <https://na.eventscLOUD.com/825304>
- Spanish session on April 9, 2025, from 5:30 to 7:30 p.m. at South County Annex, 930 Wren Ave, Gilroy <https://na.eventscLOUD.com/825303>

## District Resources



Santa Clara County Office of Education

### ETHNIC STUDIES

Virtual Professional Learning Workshop Series

This Ethnic Studies Professional Learning Workshop Series empowers educators and leaders to implement equity-centered, culturally sustaining pedagogy. Using the Ethnic Studies Model Curriculum and California History-Social Science Framework, this virtual series provides tools to create inclusive K-12 programs, fostering collaboration, best practices, and capacity building for administrators, teachers, and school leaders.

#### Workshop Dates:

Wednesday, February 12, 2025 3-4:00 p.m. | Thursday, March 6, 2025 3-4:30 p.m.  
Thursday, April 3, 2025 3-4:30 p.m. | Thursday, May 8, 2025 3-4:30 p.m.

**Workshop Cost:** \$40 per person

*Ethnic Studies Virtual Professional Learning Workshop Series*

Join us for our Ethnic Studies Virtual Professional Learning Workshop series. Using the Ethnic Studies Model Curriculum and California History-Social Science Framework, this virtual series provides tools to create K-12 programs, fostering collaboration, best practices, and capacity building for classroom teachers, site administrators, and district leaders. Designed to support schools and districts at any stage of implementation, the series offers expert guest panels and valuable resources that even seasoned programs will find transformative.

- Session Three: Implementation on April 3, 2025, from 3 to 4:30 p.m.
- Session Four: Connections Resources and Collaboration on May 8, 2025, from 3 to 4:30 p.m.

To register, visit: <https://sccoe.to/EthnicStudies2025>

\*There is a fee associated with this workshop.

# Mental Health & Wellness VIRTUAL SPRING SYMPOSIUM



**Nakeya T. Fields**

Collective Care in  
Schools: Building  
Support Systems  
that Heal



**Liz Cruz**

Parent Engagement  
and Education



**Melissa Rubio**

Expanding Culture  
Change through  
Restorative  
Practices



**Maria Vogel**

What Would You  
Do? Exploring Real-  
Life Scenarios with  
LGBTQIA+ Students  
and Clients

**Friday, April 4, 2025 | 9:00 AM - 2:30 PM**

LEARN MORE & REGISTER FOR THE FREE SYMPOSIUM:  
[sccoe.to/mhw-spring-symposium-registration](https://sccoe.to/mhw-spring-symposium-registration)

*Mental Health & Wellness Virtual Spring Symposium*

The SCCOE Educator Preparation Programs Department's Mental Health & Wellness Branch invites school-based mental health practitioners, administrators, and multidisciplinary teams to our free Virtual Spring Symposium on April 4, 2025, from 9:00 AM to 2:30 PM.

- The theme is "Collective Care in Schools: Building Support Systems that Heal"
- Gain expert-led training on student and parent engagement and wellness strategies.
- Connect with professionals committed to fostering mental health and success in schools.

To learn more and register, visit <https://sccoe.to/mhw-spring-symposium-registration>



*EPP Asset-based Leadership for Learners Webinar*

Join the SCCOE for a four-session webinar series focused on Asset-Based Leadership for Learners of All Ages and Backgrounds. This interactive series will provide valuable insights and practical strategies to strengthen your leadership skills in education.

- April 3, 2025 (9-10:30 AM) – Moving on With Our Mission of Serving Learners of All Ages and Backgrounds
- April 17, 2025 (9-10:30 AM) – Making Teaching Developmentally Appropriate and Accurate
- May 1, 2025 (9-10:30 AM) – Communicating and Collaborating with Families
- May 15, 2025 (9-10:30 AM) – Strategies and Systems for Continuing to Lead for Justice, Joy, and Generosity

For more information or to register, visit the flyer: <https://sccoe.to/epp-ablwebinar>

## Health and Wellness





# Mental Health FIRST AID

*from* NATIONAL COUNCIL FOR  
MENTAL WELLBEING

*Mental Health First Aid*

Mental Health First Aid is an evidence-based, early-intervention course that teaches participants about mental health and substance use challenges. In this nationally recognized curriculum, receive a certification after completion of this course.

In this course, you will learn: risk factors and warning signs of mental health problems, information on depression, anxiety, trauma, psychosis, and addiction disorders, a 5-step action plan to help someone developing a mental health problem or in crisis, and where to turn for professional, peer, and self-help resources.

To register, visit: <https://na.eventscloud.com/ereg/newreg.php?eventid=820360&language=eng>


*\*There is a cost associated with this training*

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# STAND UP TO STRESS!



## Download a free coloring and activity book for children ages 8–12!

National Institute of Mental Health

[nimh.nih.gov](https://nimh.nih.gov)

NIMH Coloring and Activity Book

Did you know that connecting with friends and family is one great way to cope with stress? Download our free coloring and activity book to help kids learn simple ways to manage stress and boost their mental well-being. <https://go.nih.gov/j4kmgJl>

### About the Santa Clara County Office of Education

Working collaboratively with school and community partners, the Santa Clara County Office of Education (SCCOE) is a regional service agency committed to serving, inspiring, and promoting student and public school success. *The SCCOE is a premier service organization driven by core values: students first, collaboration, and innovation.* For more information about the Santa Clara County Office of Education, please visit [www.sccoe.org](http://www.sccoe.org) and follow us @SCCOE on [Facebook](#), [Instagram](#), and [LinkedIn](#).

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