



IMPACT Weekly

February 12, 2025

EQUITY | DIVERSITY | INCLUSION | PARTNERSHIP

February is American Heart Month, a time to raise awareness about heart health and the steps we can take to prevent heart disease. Physical Education (PE) and active lifestyles play a vital role in supporting lifelong heart health. Regular physical activity helps strengthen the heart, improve circulation, and reduce the risk of heart disease, making quality PE programs essential for our students' well-being.

Try incorporating the activities below to support a healthy heart and body:

- Take a walk to a local park with your family
- Go on a hike or a bike ride at a [Santa Clara County Park](#)
- Put on some music and have a family dance party

American Heart Month reminds us to commit to heart-healthy choices—whether it's taking a walk, encouraging students to participate in PE, or sharing local resources that support cardiovascular wellness. Together, we can create a healthier future for our students and community. Visit www.heart.org for more tips and resources.

Join the SCCOE Team

**Join our
TEAM!**
#WeAreSCCOE

WE ARE
HIRING

Santa Clara County



Office of Education



BECOME A PART OF **OUR** STORY

Join our Team #WeAreSCCOE

Visit the [SCCOE Job Opportunities Page](#) for the latest information about job postings.

To ensure you don't miss out on any SCCOE job openings, sign up for our Jobs Bulletin: <https://sccoe.to/SCCOEJobsBulletin>

Certificated

- [School Nurse](#)

Classified

- [Manager - Payroll Services](#)

Substitute

- [Substitute Language Translator - English/Spanish](#)

Community News and Resources



2025 Viral Video Contest

The deadline for high school students to participate in the County of Santa Clara Public Health Department's 2025 Viral Video Contest is around the corner.

According to the CDC, 15-24-year-olds account for half of all new sexually transmitted infections. This is an exciting opportunity for Santa Clara County high school students to address this staggering statistic by creating a short video (30-90 seconds) that addresses stigma around STIs and testing, encourages safer practices, and promotes healthy relationships. Winning students will be awarded up to \$1,500 for themselves and \$500 for their high school. The submission deadline is Friday, March 7, 2025.

For more details, to submit your entry, and to view winning videos from previous years, visit [GoViralSCC.org](https://www.sccgov.org/public-health/viral-video-contest)

Questions? Email vvc@phd.sccgov.org



Mental Health America's Youth Policy Accelerator

The Mental Health America's (MHA) Youth Policy Accelerator (YPA) is a youth leadership program that equips 10 outstanding young adults with the skills, relationships, and experience to advance federal youth peer support policy.

YPA members are young adult leaders (18-25) with diverse backgrounds and identities interested in the intersection of policy change and youth peer support. They receive a \$3,000 stipend for their participation.

Applications are due Sunday, February 23, 2025.

To apply visit, <https://mhanational.org/youth-policy-accelerator/application>



Silicon Valley Reads

Celebrate Read Across America with three opportunities to connect with award-winning authors and explore the magic of storytelling, technology, and nature.

These events are part of this year's Silicon Valley Reads initiative, themed "Empowering Humanity: Technology for a Better World."

Meet David Biedrzycki, author of "Artificial Intelligence"

Wednesday, February 28, 2025, from 9:00 to 9:45 a.m.

To register, visit: <https://sccoe.to/ESAuthorVisitAI>

Meet Lindsay Lackey, author of "Farther Than the Moon!"

Thursday, March 6, 2025, from 9:00 to 10:00 a.m.

To register, visit: <https://sccoe.to/MSAuthorVisit>

Meet Peter Brown, author of "The Wild Robot"

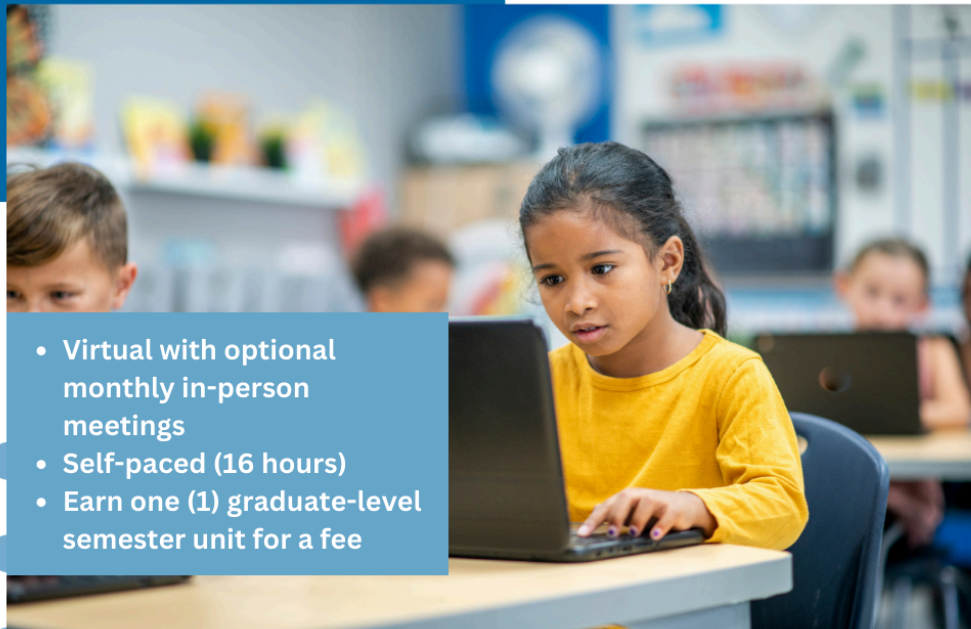
Friday, March 7, 2025, from 9:00 to 10:00 a.m.

To register, visit: <https://sccoe.to/ESAuthorVisitWildRobot>

SCCOE Events and Resources

Now through April 7, 2025

Elementary 4 Computer Science 2024-25



- Virtual with optional monthly in-person meetings
- Self-paced (16 hours)
- Earn one (1) graduate-level semester unit for a fee

Youth Elevate Conference

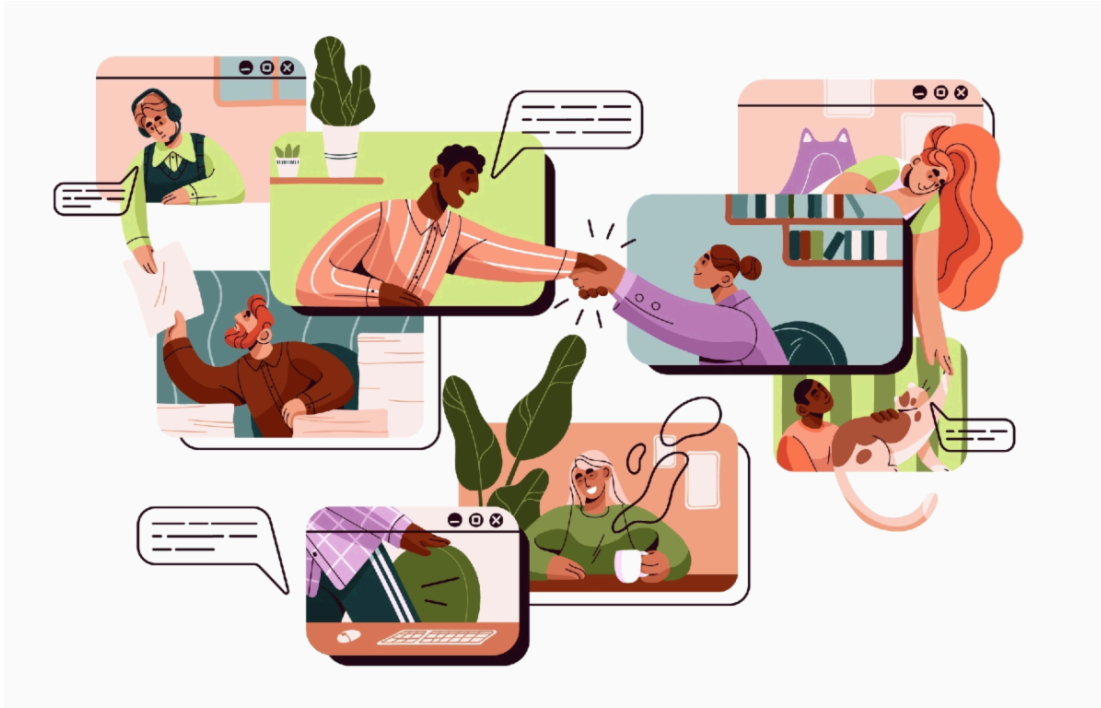
The SCCOE invites all TK-5 grade educators to the Elementary 4 Computer Science 2024-25 cohort. From now until May 15, 2025, explore concepts of computer science and create personalized plans for classrooms. Don't miss out on your chance to enhance your teaching skills!

What to expect:

- 16 hours of self-paced learning
- Virtual with optional monthly meetings
- Earn One (1) Graduate-level semester unit

Register at: <https://sccoe.to/E4CS2024-25>

**Cost associated with this course.*



Teachers on Special Assignment

The SCCOE invites all Instructional Coaches, Mentors, and Teachers on Special Assignment (TOSAs) to the 2024-2025 TOSA & Instructional Coaches Network Meeting. Develop leadership skills, learn more about supporting teachers with content, and network with other instructional leaders.

For more information and to register, visit <https://sccoe.to/TOSA>

District Resources



TK - 12th Grade Educators

EDUCATIONAL TECHNOLOGY ONLINE COURSES

\$29/course • self-paced • asynchronous

Register anytime
January 15 - May 31 to
participate in the
Winter/Spring Session!

sccoe.to/onlineregistration

2025 Educational Technology online courses

Calling all TK-12 educators! Ignite your passion for teaching and transform your classroom this summer with Educational Technology Online Courses. Explore cutting-edge strategies in culturally responsive pedagogy, digital citizenship, blended learning, and more. Discover innovative ways to integrate educational technology tools and engage your students like never before. Invest in your professional growth and unlock a world of possibilities. Enroll today and let's elevate education together!

To learn more, visit: <https://sccoe.to/onlineregistration>

**Cost associated with this course.*

LEAP

Leaders in Educational Administration Program



Preliminary Administrative Services Credential (PASC)

The Leaders in Educational Administration Program (LEAP) is designed to support aspiring school leaders. Join the LEAP program for their new summer cohort! The Preliminary Administrative Services Credential (PASC) application closes on Monday, April 28, 2025.

To register for an informational meeting, visit: <https://sccoe.to/epp-infomtq>

To learn more, visit: <https://sccoe.to/epp-sccoe-main>

Health and Wellness



RSV

can increase
your risk of
having a heart
attack or stroke.

LEARN MORE WWW.HEART.ORG/RSV

American Heart Association RSV risk

One shot can reduce the risk of severe RSV by 94%. If you haven't gotten the RSV vaccine, talk to your doctor or pharmacist. The CDC recommends the vaccine for all adults over 75 and those 60–74 with increased risk of severe RSV.

To learn more, visit: www.heart.org/rsv

Food for Heart



Stanford
MEDICINE

Health Care



Stanford Medicine Food for Heart

Heart disease can affect anyone, but some people are at higher risk than others. Learn from Stanford Medicine experts how simple dietary changes can help manage and prevent it. ❤️

<https://stan.md/4hIHihQ>

About the Santa Clara County Office of Education

Working collaboratively with school and community partners, the Santa Clara County Office of Education (SCCOE) is a regional service agency committed to serving, inspiring, and promoting student and public school success. The SCCOE is a premier service organization driven by the core principles of equity, diversity, inclusion, and partnership. For more information about the Santa Clara County Office of Education, please visit www.sccoe.org and follow us @SCCOE on [Facebook](#), [Instagram](#), and [LinkedIn](#).

Follow us on Social Media



[Subscribe](#) to the SCCOE IMPACT Weekly.

You are receiving this email because you opted in to receive updates from SCCOE Media & Communications.
Click below to unsubscribe at any time.

Santa Clara County Office of Education | 1290 Ridder Park Drive | San Jose, CA 95131 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!