

## Dora Arias & Lilia Vega Family Advocate Reference Guide

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## This is what the work is about



## **Head Start Family Advocate**

- To advocate for children and families
- To conduct outreach, recruitment and enrollment activities
- ❖ To provide case management and social services support
- To perform health and nutrition assessments
- To maintain records





## **Professional Development Goals**

- Learn from SCCOE /CFL Leadership
- Grow professionally through mentor/mentee relationship
- Improve organizational skills
- Assist in providing services to families



# Key Learnings Lilia Vega

- Effective Communication
- Brainstorming
- Collaboration
- Project Development
- Developing Timelines
- Mentor/Mentee Relationships



# **Key Learning Dora Arias**

- Professional Growth
- Leadership Skills
- Time Management
- Management Support
- Professional Connections
- \* Knowledge is Power

#### **Family Advocate Reference Guide**

- Includes agency contact information
- Provides a list of Head Start Parent Meeting presenters available for all mandated topics
- Lists all Head Start calendars

#### FEDERAL MANDATES

30 day

45 day

90 day





## **Example of Guide**



## **Steps for using Reference Guide**

- Table of Contents / easy reference
- Easy access to community resources
- Parent Meeting Mandated Topics / presenter contact information
- Timelines, Calendars, Mandates



## **Accomplishments / Successes**

- Collaborated with Mentor
- Created FA Reference Guide
- Took more initiative
- Time Management
- Developed Confidence



### **Thank You**

Mentors

Dr. Angelica Ramsey

Dr. Frank Wells

- ❖ Pamela De Jesus
- Family Advocates
- \* Kathy Sealana

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## **THE END**

