



# High School and Physical Fitness Assessment Office

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## Physical Fitness Test (PFT) Program Updates

Sacramento – September 27, 2011  
Ontario – October 4, 2011



**TOM TORLAKSON**  
State Superintendent  
of Public Instruction

# Presentation Overview

- 2010–11 PFT Update
- What's New for 2012
- PFT–Related Updates
- PFT Resources and Training Materials
- Contacts



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State Superintendent  
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# 2010–11 PFT Update

- The San Joaquin County Office of Education (SJCOE), the state PFT contractor, received PFT data from approximately 94 percent of the local educational agencies (LEAs).
- The 2011 PFT data submitted by LEAs accounts for approximately 95 percent of the students enrolled in grades five, seven, and nine.
- The 2011 error rate is less than one percent compared to a final error rate of four percent for the 2010 PFT results.



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# 2010–11 PFT Update (Cont.)

- A preliminary LEA scored student data file can be downloaded through the District Portal on the California PFT Web site at <http://www.pftdata.org> (Outside Source).
- Tentative PFT Annual Release date is November 14–18, 2011.
- After PFT Annual Release, final data correction window for 2010–11 will open for one week.



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# 2010–11 PFT Update (Cont.)

- New DataQuest Table to transition into new standards
  - In 2011, The Cooper Institute, developers of the *FITNESSGRAM*®, adopted new standards for the Aerobic Capacity and Body Composition fitness areas.
  - To allow for comparison to previous year's PFT data, a summary table for Aerobic Capacity and Body Composition fitness areas will be generated that will apply both the 2010 and the new 2011 standards.



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# What's New for 2012

- Online PFT Coordinator Designation Form – Is now available on the California PFT Web site at <http://www.pftdata.org> (Outside Source)

# California Physical Fitness Test

## Online 2011–12 PFT Coordinator Designation Form

Welcome to the 2011–12 Physical Fitness Test (PFT) Coordinator Designation Form. This form should be submitted by November 1, even if the information has not changed from the previous year. We recommend you bookmark this page. If the PFT Coordinator contact information changes at any point during the year, please log in and update this form.

To begin the process of signing up as the PFT Coordinator, please enter your local educational agency (LEA) 2-digit County Code, 5-digit District Code, and 4-digit Charter Number and click the Search button. Use Charter Number 0000 for dependent charters and school districts.

\* **County Code:**

\* **District Code:**

\* **Charter Number:**

Search

If you are unsure of your codes, please look up this information by searching the California Department of Education California School Directory Web page at <http://www.cde.ca.gov/re/sd/>. This Web page includes instructions in how to conduct a search.

## Online 2011-12 PFT Coordinator Designation Form

The information on this form must be completed or revised by the local educational agency Superintendent/Administrator or the designated PFT Coordinator for the county office of education, school district, or independent charter school and cannot be submitted unless all of the mandatory fields are completed. (Mandatory fields are designated with a red asterisk.) Correct e-mail addresses are important since most communications are distributed via e-mail.

County Code            00  
District Code           00000  
Charter Number        1111  
County  
District

### Superintendent / Administrator

\* Name   
\* Email   
\* Phone   
Extension

### Designated 2011-12 PFT Coordinator

\* Name   
\* Title   
\* Email   
\* Phone   
Extension

### Designated 2011-12 PFT Coordinator Alternate (This information is optional, not mandatory.)

Designating an alternate is not required but highly recommended. The alternate will be contacted if the PFT Coordinator is not available. In addition, the alternate will receive the PFT Coordinator password as well as all updates and notification sent to the PFT Coordinator.

Name   
Title   
Email   
Phone   
Extension

### Mailing Address

\* Address   
\* City   
\* State   
\* Zip

### Vendor Services/Systems (This information is optional, not mandatory.)

You may indicate as many vendor services or systems that apply to your local educational agency. If you are using another vendor service or system not on this list, please contact Linda Hooper, Education Research and Evaluation Consultant, by phone at 916-445-9449 or by e-mail at PFT@cde.ca.gov to add them to the vendor list.

- Adrylan Communications, Inc.
- Bonnie's Fitware, Inc.
- Eagle Software
- Educational Data Systems
- EvaluMetrics, Inc.
- FITNESSGRAM®
- Focused Fitness
- Online Assessment and Reporting System (OARS)
- PowerSchool

### List of Schools

Please verify that the following schools report PFT results under your local educational agency. If there are charter schools that report under your local educational agency but do not appear on this list, please contact Linda Hooper, Education Research and Evaluation Consultant, by phone at 916-445-9449 or by e-mail at PFT@cde.ca.gov.



**Assurances**

Please read and understand that all the people identified on this form will abide by the conditions laid out in these assurances. By submitting this form, you agree that each of the statements you click has been read and understand that it applies to your county office of education, school district, or charter school.

- \*  If at any time during the year any portion of the Superintendent/Administrator, PFT Coordinator, or alternate contact information changes, I understand that I must log in and update the information on this form immediately.
  
- \*  Upon verification of the information on this form, a password will be sent to the Superintendent/Administrator, PFT Coordinator, and alternate by e-mail. The password must be securely stored and may only be used by to maintain the security and privacy of individual student data and personal information. The California Department of Education Information Security and Privacy Office (CDE ISPO) shall be immediately notified if it is discovered that there may have been a breach in security, which has or may have resulted in compromising confidential data. The CDE ISPO contact is: Mark Lourenco, Information Security Officer - 1430 N Street, Suite 3712 - Sacramento, CA 95814-5901 - 916-322-8334 - iso@cde.ca.gov.
  
- \*  The designated PFT Coordinator and alternate PFT Coordinator, if one is provided, are employees of the local educational agency.

Save Changes

# California Physical Fitness Test

## Online 2011 PFT Coordinator Designation Form

Please review the information provided on this form and approve or decline this information by clicking on the appropriate button at the end of this form. If approved, a 2010-11 PFT Coordinator password will be issued to you and your designated PFT Coordinator and alternate (if one has been identified). If declined, your designated PFT Coordinator will need to submit a new form.

County Code 00  
District Code 00000  
Charter Code 1111  
County  
District

### Superintendent / Administrator

Name LM Hooper  
Email lhooper@cde.ca.gov  
Phone 916-445-9449  
Extension

### Designated 2011 PFT Coordinator

Name Linda Hooper  
Title EREC  
Email lhooper@cde.ca.gov  
Phone 916-319-0345  
Extension

### Designated 2011 PFT Coordinator Alternate

Name  
Title  
Email  
Phone  
Extension

### Mailing Address

Address 1430 N Street, Suite 4202  
City Sacramento  
State CA  
Zip 95814

### Vendor Services/Systems

- Adrylan Communications, Inc.
- Bonnie's Fitware, Inc.
- Eagle Software
- Educational Data Systems
- EvaluMetrics, Inc.
- FITNESSGRAM®
- Focused Fitness
- Online Assessment and Reporting System (OARS)
- PowerSchool

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Approve

Decline



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# What's New for 2012 (Cont.)

- “Forgot Password” tool, which will re-send a password to the PFT Coordinator for the LEA
- Web Data Entry application will only be available through June 30, 2012
- Template generator
  - Use STAR Program pre-id file to populate PFT Excel template
  - Use *FITNESSGRAM*® export file (V8 or V9) to populate PFT Excel template



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**CRITICAL**

# What's New for 2012 (cont.)

- Web Data-Entry Confirmation – Ability to generate a report that provides the number of student records submitted and the number of errors
- Differentiation between errors and warnings
  - Student records with errors will **not** be scored if there is a missing or invalid:
    - Date of birth (DOB)
    - Gender
    - Grade
  - Student records with warnings **will** be scored
- Deleting Web Upload Files – PFT coordinators will be able to delete an uploaded student file



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# What's New for 2012 (cont.)

- Search feature added to the Student List application (i.e., search by student last name, first name, Statewide Student Identifier [SSID])
- Frequently Asked Questions on California PFT Web site at <http://www.pftdata.org> (Outside Source)
- Tentative September/October 2012 PFT Annual Release date



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# PFT–Related Updates

- **Team California for Healthy Kids**  
State Superintendent of Public Instruction has initiated Team California for Healthy Kids to promote good eating habits and physical activity throughout the day, every day, in schools, before and after school programs, child care programs, and communities
- **Distinguished Schools**  
CDE is exploring the addition of a health/fitness component to the California Distinguished Schools Program
- **Assembly Bill 200, Hayashi**  
Excellence in Health and Fitness Act of 2011 describes an Health and Fitness Award Program for Schools



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# 2011–12 PFT Resources



- Healthy Fitness Zone<sup>®</sup> Charts
  - Posted
- *2012 PFT Reference Guide*
  - Tentative posting date November 1, 2011
- *2012 PFT Coordinator Manual*
  - Tentative posting date December 1, 2011
- Understanding the 2011–12 PFT: Resource and Reference Web page
  - Tentative posting date December 1, 2011

These PFT resources will be available on the CDE PFT Web page at <http://www.cde.ca.gov/ta/tg/pf/>.



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# 2011–12 PFT Training Materials

- Training Videos
- Online Training Modules
-  Aerobic Capacity Brochure for Parents and Guardians
-  Explanation of Individual Student Score Report





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# Contacts

## **Physical Education Curriculum**

Doug Jann

Education Programs Consultant

Professional Learning Support Division

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## **Physical Fitness Test**

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Assessment Development and Administration Division

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