Santa Clara County Office of Education

RESOLUTION RECOGNIZING NATIONAL MENTAL HEALTH AWARENESS MONTH

SANTA CLARA COUNTY BOARD OF EDUCATION
RESOLUTION No. 2681-3

WHEREAS, May is recognized as National Mental Health Awareness Month, an opportunity to raise awareness about the importance of mental health and wellness, expand knowledge of available services and programs for youth in Santa Clara County, and reduce the stigma often associated with accessing mental health care; and

WHEREAS, the youth mental health crisis manifests every day in schools, contributing to higher drop-out rates, student disengagement, chronic absenteeism, increased disciplinary actions, and the tragic loss of life; and

WHEREAS, addressing the complex social, emotional, and mental health and wellness needs of all students is fundamental to the future of California; this includes reducing the stigma around accessing mental health services so students may feel empowered to speak up when they need help; and

WHEREAS, according to a study by the American Psychological Association (APA), children are 21 times more likely to receive the mental health services they need when services are provided on a school campus. Comprehensive and coordinated school-based mental health services for students are an essential part of a comprehensive education plan; and

WHEREAS, the Santa Clara County Office of Education (SCCOE) has co-sponsored multiple bills and works with Local Education Agency's (LEA) and community partners to improve the budgeting, care coordination, and access for student mental health services throughout the county; and

WHEREAS, the SCCOE believes student wellness is an active process of becoming aware of and making choices toward a healthy and fulfilling life, and firmly advocates for school-based services that increase access for all students to quality mental health care, peer supports, and wellness-oriented programs; now

THEREFORE, BE IT RESOLVED, that the Santa Clara County Board of Education and the County Superintendent of Schools do hereby adopt this resolution to recognize May as National Mental Health Awareness Month.

PASSED AND ADOPTED by the County Board of Education at a meeting held on April 1, 2026, by the following vote:

AYES: Raeena Lari, Maimona Afzal Berta, Don Rocha, Victoria Chon, Jessica Speiser, Tara Sreekrishnan
NOES: None
ABSTAIN: None
ABSENT: Jorge Pacheco

Victoria Chon, President
Santa Clara County Board of Education

Dr. David M. Toston, Sr.
County Superintendent of Schools