



Kognito Mental Health & Wellness Professional Development Courses

Conversations that change lives.

The Santa Clara County Office of Education and Santa Clara County Behavioral Health Services Department are pleased to provide all educators and school staff across the county with access to the following simulations from Kognito's social emotional learning curriculum:

- *At-Risk for Early Childhood Educators*
- *At-Risk for Elementary School Educators*
- *At-Risk for Middle School Educators*
- *At-Risk for High School Educators*
- *Building Respect: Bullying Prevention*
- *Trauma-Informed Practices*
- *Resilient Together*
- *Step In, Speak Up!*
- *Safe and Caring Schools for Educators*
- *Emotional & Mental Wellness*

These virtual modules offer evidence-based role-play simulations focused on increasing comfort and competency in managing critical conversations with youth. For detailed information about each course, please [click here](#) or visit bit.ly/3n3nUMb.

Available: July 1, 2022 – June 30, 2023

Format: Online, self-paced

Location: sccoe.kognito.com

Timeframe: 30-45 minutes each, depending on the course

Audience: District & Charter School Staff in Santa Clara County

Grade Level(s): PK – 12

Cost: Free

To access the Kognito simulations:

- Visit SCCOE.Kognito.com
- Create a new account
- Select a simulation

**SCCOE reserves the right to add an access code, should it be deemed necessary.*

For more information, please contact:

Krisan Meyer • Coordinator – Social Emotional Wellness • kmeyer@sccoe.org