

## Asian American and Pacific Islander (AAPI) Educators Network

Hybrid Meeting | Thursday, February 8, 2024 | 4:30 to 6 p.m.

Zoom link: <https://sccoe.zoom.us/j/96658751181?pwd=emtTWkd5dWd1dIA3Y2FCTk1XYmdRUT09>

### Agenda

AAPI webpage: <https://www.sccoe.org/sclis/aapi>

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#### I. Welcome and Introductions

Dr. Deborah Gorgulho, Assistant Superintendent, Educational Progress Division/  
Interim Professional Learning & Support Division, Santa Clara County Office of  
Education

4:30 – 4:45 p.m.

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#### II. Facilitated Discussion: Mental Health Support for Students and Families

4:45 – 5:25 p.m.



**Moderator - Tina Tong Choy**

Principal, Cherrywood Elementary School,  
Berryessa Union School District (BUSD)

#### Panelists:

- **Dr. Annya Artigas**, Director of Social Emotional Learning, ARUSD
- **Betty Chen**, Fifth Grade Teacher, Cherrywood Elementary School, BUSD
- **Elaine Schultz**, School Social Worker, Berryessa Union School District
- **Jeannie Young**, Parent, Cherrywood Elementary School, BUSD
- **Om Swaroop**, Student, Cherrywood Elementary School, BUSD

#### Discussion Questions:

1. In your experience, what have you observed as the unique and evolving needs of staff, students, and parents when it comes to mental health care and well-being? How is your school site currently addressing and supporting these needs?
2. Can you share specific examples of mindful practices that have been successfully implemented to promote mental health and social-emotional learning? What does success look like in these instances, and how have they positively impacted the community?
3. Drawing from your expertise, what advice would you offer to educators, students, and families seeking to enhance their mental health and well-being? Are there specific strategies or resources you find particularly effective?
4. Initiating discussions about mental health is crucial. How do you approach and begin these conversations with educators, students, and families in a way that fosters open dialogue and understanding?
5. Considering the diverse roles within an educational setting, how do you believe your practices can be specifically beneficial to teachers, site administrators, and other staff members? In what ways do these practices contribute to a supportive and thriving school environment?

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#### III. Group Discussion and Reflection

5:25 – 5:35 p.m.

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#### IV. Networking (Dinner)

5:35 – 6:00 p.m.

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Future Meeting Date: May 6, 2024

Please complete meeting survey: [https://www.surveymonkey.com/r/aapien\\_020824](https://www.surveymonkey.com/r/aapien_020824)

## Asian American and Pacific Islander (AAPI) Educators Network

### Network Objectives:

- Provide professional networking opportunities for AAPI educators
- Learn about trending topics related to AAPI students and educators
- Discuss issues and challenges related to AAPI students and educators
- Encourage AAPI educators to aim for leadership roles