

Participant Questionnaire

NAME: _____ email: _____

This questionnaire will help us get to know you, so that we can tailor the trip to meet your collective needs and interests.

Do you have your boots for the trip? _____ What kind are they? _____

IF YES, Describe your boots in detail – are they broken in? Are they brand new? Do they go above your ankles?

IF NO, go out and get some hiking boots TODAY and start breaking them in.

Foods I really hate and refuse to eat are: _____ Foods I like: _____

Are there any foods you are allergic too?

What type of outdoor sports or activities do you enjoy?

How would you rate your level of physical fitness on the 1-10 scale?

Have you ever been camping or backpacking before? If so describe your trip...

Why are you going on this trip? What are you hoping to get out of it?