

WALDEN WEST CABIN LEADER PACKING LIST

Please be sure all items are labeled.

SIGNED PAPERWORK	<input type="checkbox"/> Excused Absence (if you are in high school) <input type="checkbox"/> Cabin Leader Contract <input type="checkbox"/> Health Form <input type="checkbox"/> Volunteer Agreement			
MEALS	Please eat before attending training, dinner will not be provided. All other meals are provided for Cabin Leaders. At the Sanborn site, drinks are available for \$1.50.		WATER BOTTLE (required)	
BEDDING	Sleeping bag or 2 blankets and a pillow		HIGHLY RECOMMENDED:	
TOILET & SHOWER ARTICLES	Toothbrush and Toothpaste Brush/Comb Washcloths - 2	Soap/Shampoo Bath Towels - 2 Bathing Suit (for showers)	Backpack Flashlight Homework Shower Shoes Chapstick School Supplies Sunscreen Tissues	
CLOTHING	Poncho or Raincoat Coat or Jacket Heavy Sweaters - 2 T-Shirt/Shirts - 5 Long Pants for all hikes - 4	Underwear - 5 Pajamas - 2 Socks - 4 Comfortable Shoes for hiking Slippers	OPTIONAL ITEMS:	THE FOLLOWING ITEMS MAY NOT BE BROUGHT TO WALDEN WEST:
	Please do not bring any shirts that show your belly. Do not wear skin tight, vulgar, or revealing clothing, or any clothing promoting drugs, alcohol, sex, or violence. Only wide-strapped tank tops are allowed.		Camera Hat/Sunglasses Musical Instrument Snacks Laundry Bag Binoculars	Knives Radio Money Magnifying Glass Umbrella

PLEASE DO NOT BRING ANYTHING VALUABLE TO WALDEN WEST. THERE IS NO LOCKED AREA TO STORE YOUR ITEMS AND WE ARE NOT RESPONSIBLE FOR MISSING ITEMS.

ELECTRONICS, INCLUDING CELL PHONES AND IPODS, ARE NOT ALLOWED WHEN CHILDREN ARE PRESENT. USE THEM ONLY ON SCHEDULED BREAKS IN THE CABIN LEADER ROOM.